



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA  
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## February 10th, 2019 : FIFTH SUNDAY IN ORDINARY TIME

### Sunday Masses

Saturday 6:00pm (St.F) Int. Michael & Helen  
Shanley (60th)  
Sunday 9:30am (St.F) Int. +John Battersby  
11:00am (Con) Int. For the People

### Weekday Masses

Monday FERIA  
10:30am (Con) Int.  
Tuesday FERIA  
9:30am (St.F) Int.  
Wednesday FERIA  
10.30am (Con) Int  
Thursday FEAST OF ST.CYRIL AND  
ST.METHODIUS  
No Mass today  
Friday FERIA  
11:00am (St.F) Int.  
Saturday FERIA  
10.30am (Con) Int.  
6:00pm (St.F) Int.

### The Daily Office

Lauds (Morning Prayer) is said at St.Felix a quarter of an hour before the first Mass.

### Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am

### Sacrament of Reconciliation

Saturday 5.15pm to 5.45 pm or by appointment.  
Sunday 9.0am to 9.20am

The Rosary Friday at 10:15am

### The Mass today

The readings can be found on p.136 of the Parish Mass Book, and on p.984 of The Sunday Missal.

<b>At the 6.0pm Mass</b>	<b>Eucharistic Prayer 3</b>
<i>Sanctus &amp; Benedictus</i>	Parish Mass Book p.16
( <i>Angelus</i> ) Hymn	938
<b>At the 9.30am Mass</b>	<b>Eucharistic Prayer 2</b>
<i>Gloria</i>	Lourdes
<i>Sanctus &amp; Benedictus</i>	Parish Mass Book p.16
Hymns :	466, 863, 874, 910
<b>At the 11.0am Mass</b>	<b>Eucharistic Prayer 3</b>
Hymns	477, 863, 662

### THIS WEEK

Fr.John writes ' It is very good to be back at the Presbytery, much as I've appreciated the kindness of the Sisters in taking me in and looking after me at the Convent for the past six weeks.

On this first Sunday back I'm assisted by Fr.Michael Rear, and I'm very grateful to him for his help.

In the coming week I think it would be sensible for me to say just one Mass each day, so please look carefully at the schedule opposite.'

**Tuesday** 7.30pm The Confirmation Group meets at the Presbytery. Please remember to bring with you your course book and your rosary.

### PARISH NOTICEBOARD

**Anniversaries this week** Jon Nelson (2014), Henry Dukes (2004), John Battersby (2015), Cyril Keeble (2017), and Sr.Felicity Moody (2004). RIP

**Money Matters** Last Sunday £515.15 was given at the Offertory, and £96.20 for CAFOD.

**Helping Hands** Catherine writes 'Just to remind everyone, young and old, in our parish that

Helping Hands is around if you need help with lifts, small domestic tasks, or would just like someone to talk to.

Please ring the Helping Hands number if you need to contact us and if you're not sure if we can help at least we can talk about it. Keep the number handy especially in the next few weeks if we have bad weather, and it is tricky to get out.

Helping Hands Tel. No. 07342 722521.'

**Hymns** Fr. John writes 'As you probably know, I choose the hymns at Sunday Mass, both at St. Felix and at the Convent. I believe that Hymns form such an important part of the Sunday liturgy that the parish priest, who of course is in charge of the parish liturgy (under the Bishop), should not avoid taking responsibility for them. I try to mix old hymns and new, and only avoid those hymns which either I don't think you would know, or whose words don't say anything worth saying. Of course this is an area in which one can never please everyone, and there will always be some grumbles. Moses knew all about it! But as I've said before, I'm always very pleased to receive suggestions as to what hymns you would like.'

**Palm Crosses** Lent is not too far away, and it is time that we thought about returning last year's palm crosses to church so that they can be burnt to make the ash for Ash Wednesday. Please bring your crosses to the Sacristy, and John will deal with them.

**Our Parish AGM** This will take place a week on Tuesday, February 19th, at 7.30pm It is good if our various parish organizations give a short report on their doings during the past year : please will secretaries prepare something.

**Lent Lunches for CAFOD** Boniface and Kate Pinto write 'Historically with the help of the CWL our parish has raised funds for CAFOD during Lent by providing a soup lunch after a Mid-day Friday Mass throughout Lent. Unfortunately there is no longer a CWL group within the parish, so Boni & Kate as your CAFOD representatives, would like to continue this tradition. If there are any members of the parish who would like to help, please contact us on 275416. To cater for lunch each week we would need three volunteers to make soup, and three to serve.'

**Quiz Night** The parish secretary from St. James' Ipswich writes '*Support for the World in Need* will be holding a Quiz Night on Saturday 23rd March in St. James' Parish Hall, 482 Landseer Road Ipswich, IP3 9LU. 7.15pm for a 7.45pm start. Teams of up to 6 people. £7.50 per person to include a ploughman's supper. Bring your own drinks. To reserve a table for your team contact Sue Coppens-Browne or Violet Gitzer

*There is so much good in the worst of us,  
And so much bad in the best of us,  
That it ill behoves any of us  
To find fault with the rest of us.*

An old Irish saying

## **A CHRISTIAN ALPHABET - A : ALTAR**

An Altar is not a table, although admittedly it looks like one. The word altar means a place of sacrifice, a place where a sacrifice is offered. At the Christian altar is offered the Holy Sacrifice of the Mass - which means that Our Lord, who has become sacramentally present upon the altar, is offered to the Father. We plead, and in a sense continue, his self-offering made on the Cross. It is because an altar is a place of sacrifice, and not just a table, that the Church requires that it should be made of stone or marble, and not be moveable. And also because of what takes place there, we treat the altar with respect and reverence. It is jarring when maybe a workman puts his papers down on the Altar. It is appropriate to bow to the altar, although usually of course we are genuflecting to the tabernacle behind it.....

Sometimes the church building is described as being simply a covering for the Altar. Certainly the Altar has centre place in a church - yes, it is where the Lord becomes so wonderfully and mysteriously present in the eucharistic celebration, and where the faithful gather to 'do what the Lord did' at the Last Supper. At the Altar we play our part in the offering of the Holy Sacrifice, and then receive the Lord himself in Holy Communion. In the words of nineteenth century hymn, 'We love thine Altar, Lord, O what on earth so dear? For there in faith adored, we know thy presence near.'