



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF  
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## March 31st, 2019 : FOURTH SUNDAY OF LENT

### Sunday Masses

Saturday 6:00pm (St.F) Int. For the People  
Sunday 9:30am (St.F) Int.+Josephine Gouldie  
11:00am (Con) Int. The Sisters (Craft Group)

### Weekday Masses

Monday LENT FERIA  
10:30am (Con) Int.  
Tuesday LENT FERIA  
9:30am (St.F) Int. +Alan Deveney  
Wednesday LENT FERIA  
10:30am (Con) Int.  
Thursday LENT FERIA  
No Mass Today  
Friday LENT FERIA  
Noon (St.F) Int.  
5:00pm (Con) Int.  
Saturday LENT FERIA  
9.0am (St.F) *CHILDRENS MASS*  
6:00pm (St.F) Int. For the People

### The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before the first Mass at St.Felix

### Exposition of the Blessed Sacrament

Tuesdays at 10.0am Benediction at 10.30am

### Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm or by  
Sunday 9.0am to 9.20am appointment.

The Rosary Friday at 11.15am

### The Mass today

The readings can be found on p.169 of the Parish Mass Book, and on p.222 of The Sunday Missal.

<b>At the 6.0pm Mass</b>	<b>Eucharistic Prayer 3</b>
<i>Sanctus &amp; Benedictus</i>	Parish Mass Book p.16
( <i>Angelus</i> ) Hymn	801
<b>At the 9.30am Mass</b>	<b>Eucharistic Prayer 2</b>
<i>Kyries</i>	Hymn Book 516
<i>Sanctus &amp; Benedictus</i>	Belmont
Hymns :	807, 803, 927, 344
<b>At the 11.0am Mass</b>	<b>Eucharistic Prayer 3</b>
<i>Kyries</i>	Hymn Book 516
Hymns	753, 803, 364

### FOURTH WEEK OF LENT

**Today - SUNDAY - St.Felix**  
**4.30pm STATIONS OF THE CROSS**

**MONDAY**  
**7.30pm The Parish Lent Course**  
**LOOKING AT JESUS WITH MARY**  
**IV - Love expressed through suffering**

**WEDNESDAY**  
**5.0pm STATIONS OF THE CROSS**  
**Convent**

**FRIDAY**  
**12.30pm LENT LUNCH FOR CAFOD**  
**Hall, following the Noon Mass**

### ALSO THIS WEEK

**Tuesday** 7.30pm The Confirmation Group meets at the Presbytery.

**Wednesday** 12.30pm The April Parish Lunch, in the Hall.

**Saturday** 3.0pm Altar Servers practice.

## PARISH NOTICEBOARD

**Anniversaries this week** Laura Piper (1995), Eileen Wilson (2008), Evelyn Crowley (1996), Peter O'Connor (2013), William Twomey (2015), Elsie Barratt (2011). May they rest in peace.

**Money Matters** Last Sunday £556.59 was given at the Offertory and £438.68 for CAFOD (inc lunches).

**Wednesday Lunch Club** Jenny writes 'Our next lunch is on 3rd April at 12.30pm. The menu is Somerset Pork Casserole, Treacle Tart plus tea/coffee. Cost is only £5. All welcome but you must pre-book by contacting Jenny. Organised by Team Felix.'

**Catholic Clothing Guild** Elizabeth writes 'There is now a box in the church porch for donations for the Clothing Guild. Please leave any items there by 27th April. Thank you for your support. Any queries please telephone Elizabeth.'

**Let The Children Live** Some of you will remember the visit of Fr. Peter Walters (who Fr. John taught as a schoolboy!) to talk about the charity which he founded in Columbia, South America, to care for homeless children. I think some of you still support the charity and if so you might be interested in a recent e.mail which Fr.John received from Fr. Peter:  
'I am spending the night at Heathrow, and off to South America tomorrow. I have just completed a rather hectic round of fundraising, visiting 11 schools in the Glasgow area in four days, with a parish appeal in Birmingham in the middle. We're desperate to increase the charity's income in order to enable us to respond more adequately to the challenge posed by the arrival of so many refugees from Venezuela - most of them women and children. Many of the youngsters are very malnourished and some have had to walk some 900 miles from Caracas to Medellin.

We're doing what we can to provide about 80 of them with food, clothing, health care, education and toys, and to keep them safe during the day, thereby leaving their parents free to look for work. But it is very frustrating because there are so many more who need our help, and more keep coming -

and, of course, we can't help more of them at the cost of reducing the number of our Columbian children: that would be a recipe for resentment and conflict. I fear that the crisis in Venezuela is going to end in a blood bath of either a civil war or an invasion. Lots of prayers please. Every blessing, Peter.'

**Rosary Group** Fr.John is back leading the Rosary Group, which says the Rosary at 11.15am each Friday morning. All are welcome to join in.

**Chrism Mass** Tuesday, 16th April, 7.0pm at St.John's Cathedral, Norwich. Fiona writes 'The parish is planning to hire a coach to transport those who wish to attend this Mass - the great annual coming-together of the diocese around the Bishop, as he blesses the Holy Oils for the coming year, and as the priests of the diocese recommit themselves to priestly service. The coach will leave the Convent at 4.30pm, and return there at approx. 11.0pm The cost of the coach per person is ten pounds, to be collected on the day. If you would like a place on the coach, please sign the list on the notice board in St.Felix porch or in the Convent porch TODAY.'

## A CHRISTIAN ALPHABET - G is for GRACE

I think Grace is essentially God's help, and we rely upon it to bring us into that joyful and eternal relationship with God for which we were made. We can't attain salvation and sanctification by our own efforts. We are dependant upon God's grace. Listen to what the *Catechism of the Catholic Church* says about Grace : 'Our justification comes from the grace of God. Grace is favour, the free and undeserved help that God gives us to enable us to respond to his call to become children of God, adoptive sons and daughters, partakers of the divine nature and of eternal life.... The grace of Christ is the gratuitous gift that God makes to us of his own life, infused by the Holy Spirit into our soul to heal it of sin and to sanctify it.'

God gives us his help, his grace, in many ways. But especially important as channels of grace are the Sacraments. They are, as it were, the highways of grace. Always, though, we must be ready to accept the gift of God's grace, and be ready to work with it.