



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF  
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT  
Tel.01394 282561 e-mail frjohnfelixstowe@gmail.com

Parish Website: stfelixfelixstowe.uk Helping Hands - 07342722521

## July 7th, 2019 : 14th SUNDAY IN ORDINARY TIME

### Sunday Masses

Saturday 6:00pm (St.F) Int. +Chris Nelson (K&  
Sunday 9:30am (St.F) Int. BT)  
11:00am (Con) Int. For the People

### Weekday Masses

Monday ST.WITHBURGA  
10:30am (Con) Int.  
Tuesday FERIA  
9:30am (St.F) Int. +Josie Hatchett (FM)  
Wednesday FERIA  
10:30am (Con) Int.  
Thursday ST.BENEDICT  
9.0am (St.F) Int. +John Hatchett (FM)  
Friday FERIA  
Noon (St.F) Int.  
5:00pm (Con) Int.  
Saturday FERIA  
9.0am (St.F) Int.  
6:00pm (St.F) Int. For the People

### The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before the first Mass at st.Felix.

### Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am

### Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm  
Sunday 9.0am to 9.20am  
or by appointment.

The Rosary Friday at 11.15am

### The Mass today

The readings can be found on p.105 of the Parish Mass Book, and on p.1017 of The Sunday Missal.

<b>At the 6.0pm Mass</b>	<b>Eucharistic Prayer 3</b>
<i>Sanctus &amp; Benedictus</i>	Parish Mass Book p.16
( <i>Angelus</i> ) Hymn	960
<b>At the 9.30am Mass</b>	<b>Eucharistic Prayer 2</b>
<i>Gloria</i>	Belmont
<i>Sanctus &amp; Benedictus</i>	Belmont
Hymns :	820, 644, 772, 716
<b>At the 11.0am Mass</b>	<b>Eucharistic Prayer 1</b>
Hymns	720, 803, 627

### THIS WEEK

**Today** 9.30am The children who made their First Holy Communion last Sunday receive their Certificates at the end of Mass.  
**Monday** 7.30pm The Parish Prayer Group meets at the Presbytery.  
**Saturday** 9.0am Saturday Club, for children of Primary School age, at St.Felix

### PARISH NOTICEBOARD

**Anniversaries this week** Mary Clapham (2003), Reginald Johnson (2009), Joan Syles (2003), and Michael Taylor (2007). May they Rest in Peace.

**Money Matters** Last Sunday £632.71 was given at the Offertory, and £103.28 for CAFOD. £128.61 was given in the retiring collection for Peter's Pence, Next weekend there will be a retiring collection for the Apostleship of the Sea.

**All change** Last weekend the Bishop announced a number of 'moves' in the diocese - priests moving to new parishes. (Don't raise your hopes - I'm not included!) There are two notable changes in our own Deanery of Ipswich. Fr.Sam Leeder of St.Pancras, Ipswich, is to retire after having served there for many years ; his place is to

be taken by Fr,Russell Frost, lately of St.Mary Magdalene, Ipswich. Also Fr.Peter Raj is to move from St.Mark's, Ipswich to St.Mary's, Woodbridge Road, Ipswich. Finally one of the new priests ordained in the Cathedral yesterday, Fr.Alan Hodgson is to be Assistant Priest to St.Mary's Woodbridge Road.

**The Parish Barbeque** Phil Dance writes 'Dear friends, the annual parish BBQ will be held in Fr.John's garden on Sunday 4th August at 1.0pm. As in previous years we will have our resident chefs cooking, but would welcome donations of side dishes and desserts to complete the meal. Offers of help before and on the day gratefully received. Tickets will be on sale after weekend Masses, or by calling Phil. Please come along for a great afternoon.'

**The Grand summer Raffle** Jenny writes 'The Raffle will be drawn during our Strawberry Tea on Saturday 20th July. A reminder that your tickets and money need to be returned by 14th July (also any unsold tickets). If you are kindly donating a prize, again if you can hand it over to a member of Team Felix or leave it in the Sacristy by the 14th July we would be grateful. The list is still up at St.Felix with a few spaces left if you would still like to donate a prize. Profit from the Raffle is for parish funds and support from the parish is always appreciated.

**Strawberry Tea** Jenny continues 'This is to be held on 20th July in the Presbytery garden. Tickets cost £5 (children under 12 are free), and are now on sale after Mass or by contacting Jenny. Profit from the afternoon tea will be donated to the Centrepoint Homeless Charity. We look forward to seeing you. All welcome.

**Wednesday Lunch Club** Jenny concludes 'Our next Lunch is on 7th August at 12.30pm. The menu is Gammon, Homemade Quiche + Salad, Fruit Terrie, Tea/Coffee, only £5. All welcome, but you must pre-book by contacting Jenny. The Summer Raffle, Strawberry Tea, and Lunch Club are all organised by Team Felix and we do appreciate the support from the parish, which means we can continue to raise money for parish funds & support a variety of charities.

## A CHRISTIAN ALPHABET T is for HOLY TRINITY

There are various things which T stands for, but I think that Holy Trinity must be chosen since belief in the God who has revealed himself as Trinity, Three Persons in One God, Father, Son, and Holy Spirit, stands at the very centre of our Christian Faith. It is nothing less than the mystery of God's being, the Being which in his great love He has made known to us. It gives us a marvelous insight into that Being, a framework for our thinking about God. It is the starting point for all theology, all thinking about Almighty God. It is the most profound of Truths, which we must ever bear in mind. And of course the Church helps us to do this, by teaching that our prayer, public and private, should always begin with the words 'in the Name of the Father, and of the Son, and of the Holy Spirit'.

At our Baptism, we were baptised 'In the Name of the Father, and of the Son, and of the Holy Spirit', and that was no mere form of words. For at the Font we came into a wonderful relationship with each of the three Persons of the Holy Trinity. By being joined to the Son, we became adopted children of God the Father. We became capable of knowing and experiencing the love and care of our heavenly Father. His home became our home, the heavenly home for which we are bound, and to which we look forward. Again, at the Font we were indeed joined to Our Lord Jesus Christ, God the Son. His new resurrection life flowed into us, we became members (limbs) of his body, The Church. And fed now with his Body and Blood at the Altar, our relationship to God the Son is ever strengthened and maintained. And then again at our Baptism, God the Holy Spirit, the third Person of the Holy Trinity, came to us. We became 'temples of the Holy Spirit'; the Holy Spirit is there at the centre of our being, guiding and directing us, leading us into prayer, and ever giving us inspiration.

And so it is that far from being some dry and academic abstraction, it is the Holy Trinity in whom we live and move and have our being. Children of our Heavenly Father, Sharers in the risen life of the Son, Motivated and Empowered by the Holy Spirit, in and by the Holy Trinity we are saved and destined for the life of heaven.