



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF
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July 28th, 2019 : 17th SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6:00pm (St.F) Int. +Pam Hobson
Sunday 9:30am (St.F) Int. For the People
11:00am (Con) Int. The Sisters RJM
(Craft Group)

Weekday Masses

Monday ST.MARTHA
10:30am (Con) Int. +Jim Shevlin
Tuesday FERIA
9:30am (St.F) Int. Fr.Tony Shryane (CWL)
Wednesday ST.IGNATIUS LOYOLA
10:30am (Con) Int.
Thursday ST.ALPHONSUS LIGUORI
No Mass today
Friday FERIA
Noon (St.F) Int. The newly ordained Priests
5:00pm (Con) Int.
Saturday FERIA
9.00am (St.F) Int.
6:00pm (St.F) Int. For the People

The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before the first Mass at St.Felix.

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm
Sunday 9.0am to 9.20am
or by appointment.

The Rosary Friday at 11.15am

The Mass today

The readings can be found on p.115 of the Parish Mass Book, and on p.1029 of The Sunday Missal.

At the 6.0pm Mass	Eucharistic Prayer 2
<i>Sanctus & Benedictus</i>	Parish Mass Book p.16
(<i>Angelus</i>) Hymn	720
At the 9.30am Mass	Eucharistic Prayer 3
<i>Gloria</i>	Belmont
<i>Sanctus & Benedictus</i>	Belmont
Hymns :	807, 694, 720, 465
At the 11.0am Mass	Eucharistic Prayer 3
Hymns	465, 644, 607

THIS WEEK

Today (Saturday) 6.0pm We welcome the 7th Epping Forest Scout Troup to the Mass ; they are encamped at Nacton.

Monday 3.0pm Meeting of the Liturgy Committee at the Presbytery .

7.30pm The Parish Prayer Group meets at the Presbytery. All welcome.

Saturday Saturday Club is now on holiday.

PARISH NOTICEBOARD

Seminarian Michael Smith Michael, who is studying at the Beda, Rome, is now with us for his one-month pastoral placement. We hope he will enjoy being here. He will be seeking to have as full an experience as possible of life in the parish. He has chosen Monday for his day-off each week.

Anniversaries this week Roy Fenton (2001), Ronald Hockery (2002), Christiane Taylor (2004), Maria Maher (2007), Rose Mulholland (2014), Sr.george Deane (2008), Joan Jacobi (2012), and Kathleen Dunne (2018). May they Rest in Peace.

Money Matters Last Sunday £525.83 was given at the Offertory, and £74.67 for CAFOD.

Strawberry Tea Jenny writes 'Thank you so much to those who supported the afternoon. We made a profit of £120 which we will be sending to Centrepoint Homeless charity.'

Grand Summer Raffle 'Many thanks to those who donated a raffle prize and to all of you who bought tickets. After expenses of £148, a profit of £251 was made for parish funds.'

Team Felix 'always appreciates the support of the Parish ; we continue with our monthly lunch club, and are planning our annual quiz night on 19th October, and a Christmas Afternoon Tea on 14th December. We look forward to seeing you at our various events.'

Parish BBQ Kids eat Free! Phil writes 'Dear friends, the annual parish BBQ will be held in Fr.John's garden on Sunday August 11th at 1.0pm. As in previous years we will have our resident chefs cooking, but would welcome donations of side dishes and desserts to complete the meal. offers of help before and on the day gratefully received. Tickets will be on sale after the weekend Masses, or by calling Phil. Please come along for a great afternoon. We are holding a planning meeting on Monday 5th at 6.0pm in the church hall - all volunteers and suggestions welcome.'

Lifts to Church Catherine writes 'We need more people who come to Sunday Mass in a car to offer lifts to other parishioners who require help to get there. It would be good to enable them to get to Mass, and also to continue being part of the parish family.

We already have a number of people who regularly bring parishioners to Mass, some bringing several people,

It is not a huge commitment : even if you could only offer a lift occasionally that would be a big help. It may also be possible to arrange lift-sharing so it is not a weekly commitment.

Please do think about whether you can help with this and contact me.'

A CHRISTIAN ALPHABET

W is for HOLY WATER

Holy Water is a normal part of the life of a Catholic - we encounter it right from the beginning of our Christian life, when we are reborn in the

waters of Baptism. Holy Water itself - always available to us - is one of the Sacramentals ; one of those means by which we do not actually receive grace, as we do in the seven Sacraments, but a means by which we are disposed to become recipients of grace. (Other Sacramentals include crucifixes, rosaries, ash blessed on Ash Wednesday, candles blessed at Candlemas, etc.)

There are two ways by which Holy Water becomes available : one is when it comes from a holy source eg. water from the holy spring at Lourdes. The other is by the priest blessing it. He blesses water on Easter Night, but can do so at any other time. In the Roman Missal provision is made for the Blessing and Sprinkling of Holy Water at the beginning of the Sunday Mass, when it takes the place of the Penitential Rite.

What does holy Water 'do'? Always it puts us in mind of our Baptism, when the life of the risen Christ first flowed into us. It also, as a Sacramental, dispose us to be recipients of God's grace. And further we believe that Holy Water is effective in driving away the devil, and frustrating his work of disturbance and distress in our lives. When Holy Water is sprinkled in our houses or on our person, we believe that it has this effect.

To repeat, Holy Water is readily available to us. By the Font in St.Felix Church stands a crock full of Holy Water : people are free to bring a little bottle to fill and take away. There is an old custom of sprinkling our bedroom each night before going to bed , as a protection from the powers of darkness. Holy Water is a gift from God, to help us in our journey through life.