



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF  
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## February 23rd, 2020 : 7th SUNDAY IN ORDINARY TIME

### Sunday Masses

Saturday 6:00pm (St.F) Int. +Alex & Ruth  
Thomson  
Sunday 9:30am (St.F) Int. +Lucy Fitzpatrick  
11:00am (Con) Int. For the People

### Weekday Masses

Monday FERIA  
No Mass today  
Tuesday FERIA  
9:30am (St.F) Int. A good keeping of Lent

### ASH WEDNESDAY The beginning of Lent

9.30am Mass at St.Felix  
11.0am Mass at the Convent  
Int. +Fr.Seamus Hunter  
7.30pm Mass at St.Felix  
Int. For the People

The Blessing and Imposition of Ashes will take place at each of the Masses

Thursday FERIA  
9.30am (St.F) Int.  
Friday FERIA  
Noon (St.F) Int.  
5:00pm (Con) Int.  
Saturday FERIA  
9:00am (St.F) *Childrens' Mass*  
6:00pm (St.F) Int.

### The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before the first Mass at St.Felix on Tuesday, Wednesday, Thursday and Friday.

### Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am  
Sacrament of Reconciliation  
Saturday 5.15pm to 5.45pm  
Sunday 9.0am to 9.20am  
or by appointment.

The Rosary Friday at 11.15am

### The Mass today

The readings can be found on p.139 of the Parish Mass Book, and on p.712 of The Sunday Missal.

### At the 6.0pm Mass

*Sanctus & Benedictus*  
(*Angelus*) Hymn

### At the 9.30am Mass

*Gloria*  
*Sanctus & Benedictus*  
Hymns :

### At the 11.0am Mass

Hymns

**Eucharistic Prayer 2**  
Parish Mass Book p.16  
765

**Eucharistic Prayer 3**  
Belmont  
Belmont  
807, 820, 720, 898

**Eucharistic Prayer 3**  
880, 803, 772

### THIS WEEK

**Monday** 10.30am Fr.John attends a meeting of the Diocesan Liturgy Committee at Poringland. No Mass today.

2.30pm The Prayer group meets at the Presbytery.

**Tuesday** 2.30pm Mass at the Seafarers Centre. All welcome.

**Wednesday** ASH WEDNESDAY - See opposite for Mass times. A day when all Catholics want to be at Mass, to make a good start to this holy season.

**Friday** 12.30pm The first of the Lent Lunches in aid of CAFOD, following the Mass at Noon

**Saturday** 9.0am Saturday Club, for young people of Primary School age St.Felix.

## **PARISH NOTICEBOARD**

**Anniversaries this week** Pamela Evans (2008) Robert Horne (2002), Wanda Turner (2006), Evelyn Foster (2011), John Pitt (2014), Vera Histed (2014), Patrick Bailey (2004), Ferdinando Conti (2011), Ellen Newman (2006), Margaret Lupton (2003), Bertie Simpkin-Kane (2009), and Ernie Veitch (2017). May they Rest in Peace.

**Money Matters** Last Sunday £529.19 was given at the Offertory and £137.60 for CAFOD.

**Our Sympathy** to Sr.Joan & Sr.Mary, whose brother-in-law, Ambrose Carrol, has died in Ireland. May he rest in peace.

**Churches Together in Felixstowe** Barbara writes 'The Ecumenical Lent Course this year is a Bible study based on the film 'I, Daniel Blake', directed by Ken Loach. There will be five sessions at various venues and times. Please see the notice board at the back of church, or speak to Barbara Lamberton or Anne Poole.'

**Congratulations** to St.Alban's Catholic High School in Ipswich : following an OFSTED inspection in January, the school and the sixth form have been rated GOOD in every judgment area. The school would like to thank the parish families who support it, and the clergy, for all the support and encouragement which they have given over the past two years. Philip Dance, who is a Governor of the school, writes 'It is a great school, with some wonderful people working there.' '

### **'WELCOME DEAR FEAST OF LENT'**

Those are the opening words of a poem written by the seventeenth-century poet Robert Herrick, and there is good reason to echo his enthusiasm. Many see Lent as a gloomy time in the Church's Year, but it is more accurate to see it as a time of opportunity. The natural world is coming alive as Spring approaches : the daylight increases, and there are stirrings of new life in the fields and in the garden. And we, hopefully, are also feeling a little more alive as we emerge from

our own quasi-hibernation, and look forward to the ending of the darkness and cold of Winter

Ahead of us lies our great celebration of the Paschal Mystery of the dying and rising of the Lord, and Lent is above all a time when we prepare to participate fully in this celebration of our redemption. For Lent is not an end in itself, but a means to an end : and that end is immersing ourselves more completely in the great victory which Our Lord has won for us, whereby humanity is given new hope and a glorious future.

And so by self-discipline, and by applying ourselves to the three great Lenten exercises of Prayer, Fasting, and Almsgiving we aim to draw closer to Our Lord, so that when Holy Week and Easter comes we may be more completely one with him, our Champion and our Redeemer.

Available today is this year's Lent Leaflet, which sets out the things that we plan to do during these weeks ahead. Good to look through it, and to draw up your own Lent Rule - what you hope to do and to achieve, for God's glory and your own spiritual growth. I think if we don't have a plan, it is all too easy for Lent to slip by, and opportunities to be lost. So many of us say in the Confession before Easter that we wish we'd really got down to the keeping of Lent, and to availing ourselves of its opportunities. Opportunities of all kinds so easily slip by, and can't be renewed.....

When we look at Our Lord, living amongst us, dying for us, and rising with new life for us, we can't help but be impressed by His wonderful generosity. I think we should aim to reflect something of that generosity in our giving ourselves, and what is ours, to God during Lent.

### **THE RE-DEDICATION OF ENGLAND AS THE DOWRY OF MARY**

This is an important event which is coming up next month, on Sunday 29th March. In every Cathedral and Church in our country the re-dedication will take place, as directed by the Bishops' Conference of England and Wales. Here, the re-dedication will take place at the end of both the 9.30am Mass at St.Felix, and the 11.0am Mass at the Convent. Over the next few weeks we will think about the meaning and significance of this Re-dedication of our country to the one who is both Mother of Jesus, and our Mother too.