



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF
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March 1st, 2020 : FIRST SUNDAY OF LENT

Sunday Masses

Saturday 6:00pm (St.F) Int. For the People
Sunday 9:30am (St.F) Int. +Rosemary Chase
11:00am (Con) Int. (FM)

Weekday Masses

Monday LENT FERIA
9:30am (St.F) Int. +John Coppen (FM)
10:30am (Con) Int.
Tuesday LENT FERIA
9:30am (St.F) Int.
Wednesday LENT FERIA
10:30am (Con) Int.
Thursday LENT FERIA
No Mass today
Friday LENT FERIA
Noon (St.F) Int. Bernadette Thomson
5:00pm (Con) Int.
Saturday FERIA
9.0am (St.F) *Childrens' Mass*
6:00pm (St.F) Int. For the People

The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before the first Mass at St.Felix on Monday, Tuesday, and Friday.

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm
Sunday 9.0am to 9.20am
or by appointment.

The Rosary Friday at 11.15am

The Mass today The readings can be found

on p.151 of the Parish Mass Book, and on p.152 of The Sunday Missal.

At the 6.0pm Mass	Eucharistic Prayer 2
<i>Sanctus & Benedictus</i>	Parish Mass Book p.16
(<i>Angelus</i>) Hymn	206
At the 9.30am Mass	Eucharistic Prayer 2
<i>Kyries</i>	Hymn Book 497
<i>Sanctus & Benedictus</i>	
Hymns :	180, 206, 967, 205
At the 11.0am Mass	Eucharistic Prayer 1
Hymns :	180, 206, 627

THE FIRST WEEK OF LENT

Today SUNDAY St.Felix
4.30pm STATIONS OF THE CROSS

TUESDAY
2.30pm The Lent CaFE Course
THE BENEFITS OF DAILY PRAYER
St.Felix Hall

FRIDAY
12.30pm LENT LUNCH FOR CAFOD
Following the Noon Mass, in St.Felix Hall

ALSO THIS WEEK

Monday 9.30am On Mondays during Lent, Mass will be said at 9.30am at St.Felix, as well as at 10.30am at the Convent.

Wednesday 12.30pm The March Parish Lunch in the Hall.

Thursday 10.30am Fr.John attends a meeting of the Council of Priests, at Poringland.

2.0pm The Together Club meets at the Convent.

Saturday 9.0am Saturday Club, for young people of Primary School age, St.Felix.

PARISH NOTICEBOARD

Anniversaries this week Kathleen Thomson (2007), Katleen Dillon (2002), Karen Thomson (2018), Helen Hurry (2017), Brian Evans (2017), Dennis Haylock (2005), Leslie Hart (2006), Elizabeth Baston (2011), & Anne-Marie Bayles (2014). May they Rest in Pace.

Money Matters Last Sunday £464.79 was given at the Offertory, and £79.58 for CAFOD. Next Sunday, there will be a retiring collection for CAFOD, following the Family Fast Day on Friday

Wednesday Lunch Club Jenny writes 'Just a reminder to those who have booked, our next lunch is on Wednesday this week, at 12.30pm. Any queries please contact Jenny.'

CaFE Course Stephen writes 'As part of our Lenten Programme we are running a CaFE Course entitled *STRENGTH TO STRENGTH - The benefits of Daily Prayer*. It starts on Tuesday this week, 2.0pm-3.30pm, in the Hall. We are planning to have five sessions during Lent. Although this is designed as a course, each session is complete in itself, so if you cannot get to all the sessions, it will be well worth attending those that you can.'

A Day for Children in Holy Week Monica writes 'A special day is being planned for all children in the parish in the Hall on the Wednesday of Holy Week, 8th April, from 10.30am to 2.30pm. There will be craft, drama, singing, cooking and prayer activities based around the themes of Holy Week. Children aged 5 and over may attend unaccompanied, but 4 year olds must be accompanied by an adult. The children may bring a friend if they wish. Secondary school age and young people would also be very welcome to come and help. We really need at least 10 to 15 children to make this event viable, so if your child is likely to attend, please speak to Fr.John, Monica Macdonald or Pauline Mayes or sign up on the list in the porch of the church.'

A NEW SERIES FOR LENT

THE FIVE WOUNDS OF CHRIST

1. The wound in the left hand

We associate hands with the making of things, with creativity, with fashioning, moulding, with bringing into being. And whilst we think primarily of God the Father as the Creator, St.John says of Jesus that 'through Him all things were made'. And so the Son is associated with the Father in the work of Creation - both of bringing all things into being, and of sustaining them in being. Truly, in the words of the chorus, 'He's got the whole world in his hands'.

And these infinitely creative hands of the Divine Son, the Word made Flesh, were nailed to the Cross. Those nails, cruel and crude, were hammered through the hands of Jesus, and leaving there wounds that were still to be seen in his glorified body after his Resurrection.

What does this first wound, the wound in the left hand speak of? I think it speaks in part of mankind damaging the work of Creation, the work, metaphorically, of the hands of him 'through whom all things were made'. It speaks of our wounding the created order by our exploitation of the natural world, by our mindless destruction of its resources, and our placing its continued being at risk. The work of God is to create, to bring into being. But the work of fallen, rebellious humanity is to damage and destroy. One area in which this destructiveness is very obviously apparent is in the widespread practice of abortion, where a new and precious life, brought mysteriously into being by God, is ruthlessly destroyed. The wound in the left hand of the crucified Christ speaks powerfully of our capacity and sometimes, it seems, our desire, to destroy what God in his love has brought into being.

Lord Jesus, you bear in your risen body the marks of your suffering : may we who inflicted these wounds upon you, turn away from all that is negative and leads to destruction, and seek to be one with you in your desire to create and renew. Amen.