



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT
Tel.01394 282561 e-mail frjohnfelixstowe@gmail.com

Parish Website: stfelixfelixstowe.uk Helping Hands - 07342722521

March 15th, 2020 : THIRD SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6:00pm (St.F) Int. Jennie Coates
Sunday 9:30am (St.F) Int +Fr.John McNally
11:00am (Con) Int .For the People

Weekday Masses

Monday LENT FERIA
9:30am (St.F) Int. +Jean Clegg
Tuesday FEAST OF ST.PATRICK
9:30am (St.F) Int. +Robert Nicol
Wednesday LENT FERIA
No Mass today
Thursday SOLEMNITY OF ST.JOSEPH
9.30am (StF) Int.
Friday LENT FERIA
Noon (St.F) Int. +Alan Deveney
Saturday FERIA
9:00am (St.F) *Childrens Mass*
6:00pm (St.F) Int. For the People

The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before the first Mass. at St.Felix on Monday, Tuesday, Thursday, and Friday.

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm
Sunday 9.0am to 9.20am
or by appointment.

The Rosary Friday at 11.15am

The Mass today

The readings can be found on p. 158 of the Parish Mass Book, and on p.163 of The Sunday Missal.

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| At the 6.0pm Mass | Eucharistic Prayer 2 |
| <i>Sanctus & Benedictus</i> | Parish Mass Book p.16 |
| (<i>Angelus</i>) Hymn | 212 |
| At the 9.30am Mass | Eucharistic Prayer 3 |
| <i>Kyries</i> | 516 |
| <i>Sanctus & Benedictus</i> | Belmont |
| Hymns : | 788, 797, 938, 860 |
| At the 11.0am Mass | Eucharistic Prayer 1 |
| <i>Kyries</i> : | 516 |
| Hymns : | 753, 788, 808 |

THE THIRD WEEK OF LENT

Today **SUNDAY St.Felix**
4.30pm STATIONS OF THE CROSS

TUESDAY

2.0pm The Lent Course
THE BENEFITS OF PRAYER
St.Felix Hall

FRIDAY

12.30pm LENT LUNCH FOR CAFOD
following the Noon Mass at St.Felix

ALSO THIS WEEK

Monday 2.30pm The Prayer Group meets at the Presbytery.

Tuesday 11.30am The monthly Service at the Mill Lane Home
7.30pm St.Felix Young Fathers meet for supper at the Presbytery.

Wednesday 2.30pm Fr.John makes a Dean's Visitation to the Parish of Aldeburgh.

Thursday 2.0pm The Together Club meets at the Convent.

Saturday 9.0am Saturday Club, for young people of Primary School age.

PARISH NOTICEBOARD

Anniversaries this week Vera Mackay (2001), Jean Donnelly (2002), Peter Styles (2003), Kathleen Smith (1998), Ron Howell (2015), Catherine Pooley (2009), Clarita Smy (2011), Molly Versey (2017), Kathleen Williams (2003), Sr. Francis (2001), Marie Richardson (2014), Norman Cawston (2018). May they Rest in Peace.

Money Matters Last week £554 was given at the Offertory and £48.59 for CAFOD. In the retiring collection, also for CAFOD, £570.99 was given.

Wednesday Lunch Club Jenny writes 'Our next lunch is 1st April and the menu is Chicken, Potatoes, Vegetables, Trifle and Tea/Coffee. Cost £5. All welcome but you must re-book by contacting Jenny. Organised by Team Felix in aid of two charities and parish funds.'

Childrens' Holy Week Day Monica writes 'Please encourage your child to come to the special Holy Week Day in the church hall on Wednesday 8th April from 10.30am to 2.30pm as we hope it will help them to understand and experience the events of Holy Week in a fun and enjoyable way. There will be craft, drama, singing, cooking and prayer activities based around the themes of Holy Week. Please add your child's name to the list in the church porch if they can come or if you need more information, please contact Monica Macdonald or Pauline Mayes.

FROM THE BISHOP - CORONAVIRUS

If for any reason you do not feel able to receive Holy Communion in the hand, you can still make a good and sincere act of spiritual communion, a practice highly commended by many of the saints, especially St. Alphonsus. At the time of Holy Communion we can turn to the Lord Jesus, and pray to him quietly, saying "Lord Jesus, though I may not at this moment receive you in Holy Communion, please come into my heart, your whole Soul and Divinity, and remain there, and keep me safe. I love you Jesus, always. Amen."

Fr. John adds : I think a number of elderly people who are 'voluntarily isolating' themselves at home are likely to ask for Holy Communion to be taken

to them. Please would any Lay Ministers who are prepared to help me with this tell me.

Series for Lent **THE FIVE WOUNDS OF CHRIST** **3. The wound in the left foot**

Our Lord used his blessed feet to carry him to those in need : those needing to hear the word of truth and the promise of new and endless life, and those needing the healing of body and soul. His feet took him towards those who needed his presence. Those feet which ungrateful mankind in the person of the Roman soldiers pierced with the sharp cruel nails.

Maybe sometimes we use our feet not to carry us towards those whom we can help, comfort, sustain, but to carry us away from them. Sometimes we know what we should do, but we are afraid or otherwise unwilling to do it. We want to avoid encounters which may be costly, difficult, unrewarding. And so we remove ourselves. Our feet are used to carry us away.

Jesus is present in those who need our help, and we can love him by loving them. And so when we use our feet to remove ourselves, we are refusing to come to the aid of Jesus. It's almost as if we are playing a part in making those wounds in his feet, which were always and only used in love.

THE RE-DEDICATION OF ENGLAND AS THE DOWRY OF MARY on Sunday, March 29th

King Richard II first dedicated England to Our Lady in 1381. The Bishops of England and Wales have decided that a re-dedication should now take place, whereby we seek Mary's protection and prayers for our country, and give ourselves anew to her, as her loyal and loving children.

At the end of Mass on Sunday 29th, two things will take place : first we will together make the Angelus Promise, and then after that we will join in the Act of Entrustment.

Today, we will hear a Pastoral Letter which the Bishop has written concerning the Re-dedication, and then in next week's Newsheet there will be details about the Indulgence which is being offered to those who take part in it.