



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF
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August 9th, 2020 : 19th SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6:00pm (St.F) Int. For the People
Sunday 9:30am (St.F) Int.
11:00am (St.F)

Sacrament of Reconciliation

By request.

The Rosary Friday at 11.15akm

Weekday Masses

Monday FEAST OF ST.LAWRENCE
9:30am (St.F) Int.
Tuesday ST.CLARE
9:30am (St.F) Int.
Wednesday FERIA
9:30am (St.F) Int. +Catherine Shevlin
Thursday FERIA
No Mass today
Friday ST.MAXIMILIAN KOLBE
11:00am (St.F) Int.
Saturday OF OUR LADY
9.30am (St.F) Int. Enda Mulrooney
6:00pm (St.F) Int. For the People

MASQUERADE

The Bishops' Conference has issued further guidelines regarding Mass during the Coronavirus epidemic. All those attending Mass are to wear facemasks. The Celebrant is not required to wear a facemask (because of his distance from the people at the Altar), except when administering Holy Communion. He must put on a facemask then.

The Reader at Mass is to remove his or her facemask on reaching the Lectern, and is to put it back on before leaving the Lectern when the Reading(s) is ended.

**At present all Masses will take place at St.Felix:
the Convent continues in lockdown.**

PARISH NOTICEBOARD

Anniversaries this week John Ashe (2008), Eileen Stafford (2012), John Sullivan (2002), Sr. Angela Foody RJM (2008), Lilian Hart (2000), Maria Cunnell (2008), and Elizabeth Bartholomew (2011). May they Rest in Peace.

Money Matters Last Sunday £572.61 was given at the Offertory, and £43..54 was given for CAFOD.

Peter Cuthbertson RIP We were sad to hear of the death of Peter Cuthbertson last Tuesday. He was a very pleasant and friendly person, who regularly attended the 6.0pm Mass on Saturdays, and was a stalwart of the First Wednesday Lunch Club. We will miss him, and pray that he will Rest in Peace. Peter's Funeral Mass will be held at St.Felix on Friday, August 28th, at 2.0pm.

ST.FELIX CHURCH IS OPEN
HALF AN HOUR BEFORE ADVERTISED
MASSES
AND ALSO 4.pm-5.0pm
ON MONDAY, TUESDAY, & FRIDAY

The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before Mass.

Exposition of the Blessed Sacrament

Tuesday 4.0pm -5.0pm

Joan Runnacles RIP Joan's Requiem will also be held at St.Felix on August 28th, at Noon, and will be followed by a private Interment of her cremated remains in the Memorial Garden.

SEVEN THINGS WHICH ARE DISTINCTIVE ABOUT ROMAN CATHOLICISM

IV. The Mass is central to our lives

I think a non-Catholic finds it difficult to understand what the Mass means to a Catholic. "Isn't it just another Service? How can it matter so much? I sometimes go to church, but I would never think of this was basic to my whole way of life..."

The vital question here is 'What are we doing in the Mass?' What we are doing is obeying Our Lord, who said "Do this, do this in remembrance of me", and when we "do this", we are recalling, not just to ourselves but to God the Father, the saving work of Jesus - his offering of himself for us upon the Altar of the Cross. We are holding the Christ who died for us before the Father, and asking the Father to forgive us and accept us in view of what Jesus has done for us. We call this The Sacrifice of the Mass. Sacrifice being essentially Making an Offering. Sin is committed day by day, and just so the Mass, in which we ask the Father by virtue of the offering made by the Son to forgive sin, is offered day by day throughout the world. Again when we "do this", we are feasting upon Christ the Sacrificial Victim, as we receive Him in Holy Communion. Christ the Bread of life, the Food of Immortality.

Pope John Paul II famously called the Mass 'The Source and Summit of the Church's life.' What did he mean? The SOURCE because here is the source of the Church's spiritual vitality. And the source of spiritual strength for each of its faithful members. Here we connect with the living Christ. We are indeed FED at the Altar. Our Lord has ordained that in this way he will come to us, to be our Food for the Journey, our Companion, our Life-giver. Without that Food we are cut-off from the very source of spiritual life and vigour. We fail to encounter the risen Christ. We remain absent from him.

The Source and the SUMMIT. The highest activity in which we can engage is the Worship of Almighty God. When we do this we are obeying in a unique way the 'first and greatest' of the Commandments, that we should Love God. Worship is supremely about 'loving God'. And the Mass is the one act of worship which Jesus commanded - 'Do this in remembrance of me'. Prayer Services, Bible Services, 'a Story, a Hymn and a Prayer' are all very well, but they are not the one act of worship which Our lord asked us to do. And since Worship is our highest activity - loving God - and the Mass is the unique act of worship that Our lord asked us to do, it is, therefore, the SUMMIT of our Christian life.

I think taking these things into account makes it natural and right that the Catholic has the Mass at the heart of his or her religious practice. It is not the only thing that matters to the Catholic, but it is the one which is central, and which gives meaning to all else that we aspire to do and be.