



christians
against
poverty

CAP

Felixstowe CAP (Christians Against Poverty)

Debt Counselling Centre

No-one should be held hostage by debt and poverty

In these very challenging times, just like many other organisations, we have had to change how we do things. At present we can still provide Debt Counselling where our debt coach will meet with you, socially distanced of course, to take you through the process. The debt coach will work with you to get the information required to enable CAP's head office specialists to negotiate with creditors and create a budget for you to follow, or propose other options that will enable you to become debt free.

We are disappointed that we can't run the CAP Money Course but Money Coaches are available for a chat about your financial concerns at the Pop up Shops at St Phillips Wadgate Road Tuesdays 11- 12; Christchurch second and fourth Mondays 7-8pm; and St Peters and Paul Thursdays 11-12.

TV's Money Saving Expert, Martin Lewis has said "When people are the most desperate and need the most help – the place I send people to is CAP, because it works".

If you or someone you know is struggling with debt please call –

freephone

0800 328 0006

- and they will put you in touch with Rick our local debt coach.