



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF  
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## November 22nd, 2020 : SOLEMNITY OF CHRIST KING OF THE UNIVERSE

### Sunday Mass

Int. For the People

### Weekday Masses

Monday ST.CLEMENT  
Int. +Decd.members of the Lamberton  
Family  
Tuesday ST.ANDREW DUNG-LAC  
Int. Katy  
Wednesday FERIA  
Int.  
Thursday FERIA  
Friday FERIA  
Int.  
Saturday FERIA  
Int. +Roy Fenton (FM)

Sacrament of Reconciliation Fr.John will be available to hear Confessions each day when the church is open for Exposition, 11.0am - Noon. Just approach him and say that you wish to make your Confession.

The Sick The Parish Priest is always available to visit the sick and administer the Sacraments to them, as requested.

**EXPOSITION OF THE  
BLESSED SACRAMENT  
every day this week except Thursday  
11.0am to Noon  
'O worship the King'**

**No public worship is allowed to take place  
before December 2nd.  
Mass will be offered privately each day (except  
Thursday) at St.Felix at 9.30am,  
and intentions can be requested**

**St. Felix will be open for private prayer every  
day (except Thursday),  
10.0am to 2.0pm**

**When entering the church you will be asked  
- in addition to sanitising your hands - to  
collect a 'wipe' from the table in the porch,  
and on leaving to use it to sanitise the place  
where you have been sitting. The 'wipe' should  
then be placed in the black sack in the basket at  
the back of the Nave seating.**

**Next Sunday is Advent Sunday**

### PARISH NOTICEBOARD

**Anniversaries this week** Bridget Chalcraft (2011), Marguerite Gamble (2013), Marlene Strachan (2016), Sr.Marceline RJM (2017), Mary Sutcliffe (2017), Charles Burnham-Slipper (2013), Patricia Thompson (2012), Jean Emmerson (2018), and Patrick Hall (2007). R.I.P.

**Advent Reflections from Mill Hill** Barbara Writes '10.30am on Fridays, beginning Nov.27th and ending on Christmas Day, with a Mill Hill Missionary. Please see notice board for more details.'

**Churches together in Felixstowe** Anne writes

'CTF are providing a five-week ecumenical Advent Course, commencing on 23rd November at 7.30pm via Zoom. A link will be provided on church websites.'

## CHRIST THE KING

I think we are particularly aware of the Kingship of Our Lord Jesus Christ when the Blessed Sacrament is exposed on the Altar for Adoration. Then the church truly becomes his throne room, as we kneel before the Christ, enthroned upon the Altar, present in the Sacred Host contained within the Monstrance. We are there in his presence, offering him our thanksgiving, our love and our worship. He is there as our mighty King, loving and merciful ; we are there as his loyal subjects.

During the past week or two, Exposition has taken place each day at St.Felix, 11.0am to Noon, but only small number of people have availed themselves of this opportunity to come into the sacramental presence of the Lord. I wonder what discourages people? I think it might be that some people are uncomfortable with silence. Small wonder when most of us live out our lives against a constant background of noise. But silence when we experience it is not threatening, rather it is restorative and refreshing. Silence and rest go together. It may be that some people think "I wouldn't know what to do during Exposition, I wouldn't know what to say: I couldn't think of things to say to God for more than a couple of minutes". But Exposition invites prayer that isn't about 'saying', or even necessarily about thinking. It's simply about being in the sacramental presence of Jesus - just being with him, gazing upon Him, being quiet with him, enjoying his company. That, of course, is essentially what prayer itself is about : not so much about 'doing' anything, but rather about 'being with'.

A hymns which we used to sing when I was a choirboy so very long ago, called *My God, how wonderful thou art* , had as its final verse

*Father of Jesus, love's reward,  
What rapture it will be*

*Prostrate before thy throne to lie,  
And gaze and gaze on thee.*

The writer, none other than the great Catholic hymn-writer Fr.F.W.Faber, was speaking of the characteristic activity of heaven as being 'to gaze and gaze on thee' : but when we come to Exposition we do this now, in the present. In doing so we anticipate here on earth what we hope to do one day for ever in heaven.

## LOCKED IN

A couple weeks ago occurred the annual Prisoners Week, and it is certainly right for us to remember prisoners in our prayers. They are largely cut off from their family, friends, and from everyday life - but at least they have access to their Prison Chaplain. As we pray for prisoners, I think we should at the same time pray for those who are immured in residential homes at present. For these prisoners need our prayers almost more.

Like every parish priest, I feel acutely the seeming impossibility of seeing elderly parishioners who are in residential homes at present, and of being able to take them Holy Communion - something which many of them have received regularly throughout their lives, and long to receive now. So a day or two ago I had the idea of at least writing a friendly note to these good people, and enclosing a Newsheet with it in the envelope.. I duly set out to deliver these envelopes. But when I reached a leading care home in the parish, where two of our very faithful parishioners are currently staying, I was told that the home would not accept the two envelopes which I'd taken : written communications could only be received through the post. I was at a loss to see the difference between a postman delivering the envelopes, and myself delivering them. I would have thought that our brave post people are far more exposed to infection that I am.

So yes, at least those in HM Prisons still have access to a priest, the Prison Chaplain. But that those in residential homes do not. Please remember them in your prayers.