



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT
Tel.01394 282561 e-mail frjohnfelixstowe@gmail.com

Parish Website: stfelixfelixstowe.uk Helping Hands - 07342722521

February 21st, 2021 : FIRST SUNDAY OF LENT

Sunday Masses

Saturday 6:00pm Int. Marie Donnelly
Sunday 9:30am Int. For the People
11:00am Int. + Con Papis

Weekday Masses

Monday FEAST OF THE CHAIR OF PETER
9:30am Int. +Michael Thomas (M&BM)
Tuesday LENT FERIA
9:30am Int. +Michael Thomas (P&CR)
Wednesday LENT FERIA
9:30am Int. +Michael Thomas (KW)
Thursday LENT FERIA
No Mass today
Friday LENT FERIA
**11:00am FUNERAL MASS FOR FRANCES
BROOKES RIP**
Saturday LENT FERIA
9.30am Int. +Deborah & Phillip Mahon
6:00pm Int. For the People

The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before Mass on weekdays (not Friday).

Exposition of the Blessed Sacrament

Tuesday 10.0am to 10.30am
Sunday 4.0pm to 5.0pm

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm in the Sacred Heart Chapel, or by appointment.

The Rosary Friday at 11.45am

THIS WEEK

SUNDAY

4.0pm *Exposition of the Blessed Sacrament*
4.30pm *Stations of the Cross (distanced)*

Friday 11.0am Funeral Mass for Frances Brookes RIP. followed by burial at the Felixstowe Cemetery. This replaces the usual Mass at Noon.

PARISH NOTICEBOARD

Anniversaries this week Vera Histed (2018), Pamela Evans (2008), Robert Horne (2002), Wanda Turner (2006), Evelyn Foster (2011), John Pitt (2014), Patrick Bailey (2004), Ferdinando Conti (2011), and Ellen Newman (2006). RIP

Michael Thomas RIP We have all been saddened by the death of Michael Thomas, who died peacefully in his sleep last week. He was greatly loved and respected, and had been a faithful and dedicated parishioner over many years. We will miss him. We send our love and sympathy to Diana, and to Emma and Andrew.

Money Matters The total collection for the past two Sundays is - £447.40 given at the Offertory, and £50.76 for CAFOD. This Friday is the Family Fast Day, and there will be a retiring collection for CAFOD next Sunday..

CAFOD Walk for Water challenge

Kate and Boni write 'We are attempting to complete the 10,000 steps a day challenge during the 40 days of Lent. If any member of the parish wishes to join the challenge or can support through

CHURCH OPENING
during the present restrictions
Daily, 9.0am to 4.0pm

sponsorship, Boni and Kate have set up a St.Felix Team 'just giving page' for anyone who would like to participate.

If people prefer, they can make their own 'just giving page' the CAFOD website, and take part as individuals.

<https://www.justgiving.com/team/st-felix-team>

THE GOSPEL FOR LENT I

It is suggested that we try to re-read the Gospel reading for the Sundays in Lent each day in the following week, and maybe think about the points set out beneath :

St.Mark 1:12-15

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

Monday It was the Holy Spirit who led Jesus into the desert, to be with the Father in prayer. How ready are we to let the Holy Spirit lead us into a daily time of prayer each day during Lent? And more generally, do we seek the Spirit's direction in our life? - or do we only listen to our own will.

Tuesday In remaining in the desert for the whole forty days, Jesus teaches us about perseverance, and persistency. How good are we at 'sticking at things'?- even for the full length of our daily prayer time? Does God find us reliable?

Wednesday Jesus was tempted by the devil, and so will we be if we try to keep a good Lent, with Prayer, Fasting, and Almsgiving. Satan wants to try to stop us doing these things. What might he tempt me to do or not do? How can I best overcome his temptations?

Thursday 'the angels looked after him' - we each have our Guardian Angel. Do we bother to try to discern what he is doing with us, and where he is leading us? Are we at all sensitive to his presence?

Friday Refreshed by his time of prayer, Jesus 'proclaimed the Good News'. He wants us to be doing this on his behalf now. How effective a Proclaimer am I in my manner of life, and in my words? Am I conscious of this part of my vocation as a Christian? Do I really long to witness?

Saturday Jesus says 'Repent'. We should take time regularly to look at our lives, and ask what actions and attitudes, what aspirations and ambitions, are not appropriate for a Christian to entertain. And then repent, seeking forgiveness..

WHEN YOU PRAY.....

VII - As we forgive those who trespass against us

By precept and by parable, Our Lord makes clear to us the importance of being ready to forgive those who treat us badly. Indeed he tells us clearly that unless we are ready to forgive others, then we have no right to expect that our heavenly Father will forgive us.

Why, I wonder, does it matter so much that we should be ready and willing to forgive others? Partly, I suppose because a willingness to forgive is a characteristic of love - the love which Jesus commands us to have for our neighbour. It would be a nonsense for us to say that we loved our neighbour if we were not willing to forgive him or her. And also because this willingness helps us to conform ourselves to the likeness of Jesus, who was ready to forgive those who treated him so appallingly - 'Father, forgive them'.

I think Our Lord knows that sometimes we find it difficult to forgive, which, if we make the effort to do so, makes it more of an offering to him. Jesus never asks us to do the impossible, and so we can never say 'I can't forgive so-and-so', when this is what he asks of us. If we do say that, we really mean 'I don't want to forgive so-and-so'. What does it mean to forgive someone? I think it means to be ready to treat them as if they never had mistreated or offended us.

Jesus builds this kind of 'agreement' into the prayer he gives us. He causes us to say 'forgive us our sins AS WE FORGIVE those who sin against us. It is a solemn agreement, a promise, and the words should never be said lightly.