



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF
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May 30th, 2021 : SOLEMNITY OF THE MOST HOLY TRINITY

Sunday Masses

Saturday 6:00pm Int. For the People
Sunday 9:30am Int. +J.Gardiner (FM)
11:00am Int.

Weekday Masses

Monday FEAST OF THE VISITATION OF
THE BLESSED VIRGIN MARY
9:30am Int.
Tuesday ST.JUSTIN
9:30am Int. +Rosemary Bantick (FM)
Wednesday FERIA
No Mass today
Thursday OF THE BLESSED SACRAMENT
11.0 Int. Jessenia Jageesh
Friday FERIA
Noon Int. +Adrian McNeillis
Saturday ST.BONIFACE
9.30am Int. +Mary Laxell (FM)
6:00pm Int. +Rudolf Belsak

The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before Mass on weekdays.

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm in the Sacred Heart Chapel, or by appointment.

The Rosary Friday at 11.15am

THIS WEEK

Wednesday Fr.John is taking his day off

on Wednesday this week : no 9.30am Mass today.
Thursday Today is the old Corpus Christi Day, the Thursday after Holy Trinity (Thursday because the Last Supper took place on a Thursday) Mass will be offered at 11.0am today as a Votive of the Blessed Sacrament, and Jessenia Jageesh will be making her First Holy Communion at this Mass.

Next Sunday is
THE SOLEMNITY OF CORPUS CHRISTI
our yearly thanksgiving for the wonderful gift
of The Sacrament of Holy Communion.
In preparation,
there will be a Holy Hour
on Friday this week, 7.0pm to 8.0pm
Vespers - Confession available - Benediction

PARISH NOTICEBOARD

Anniversaries this week Percy Oliver (2003), Christine Hodgen (2012), Joyce Irvine (2001), Rose Gaffney (2001), Janet Sims (2009), Peter Love (2009), and Sr.Bridget Carbery (2017). May they Rest in Peace.

Money Matters Last Sunday, £507.26 was given at the Offertory (in envelopes and loose cash), and £33.41 for CAFOD.

Can you help? Fr.John would welcome some help in the Sacristy after the 6.0pm Saturday Mass and after the 9.30am Sunday Mass - in both cases for about a quarter of an hour maximum. If you are able to help, please tell him.

Confirmation So far one teenager has asked to be prepared for Confirmation. Are there others? I do hope so. Please speak to Fr. John. (Candidates must have reached their thirteenth birthday before the Confirmation takes place.)

Parish Council It is still not possible to hold a Meeting of the Parish Council in view of continuing restrictions, but on Monday evening this week Fr. John plans to meet with the parish Officers - The Chairman of the Finance Committee, the Treasurer, and the Chairman and Secretary of the Parish Council - to begin to look at how we might move forward as we edge towards life without restrictions.

Radio Maria Julian Wong, the Stella Maris Chaplain at the Port, wishes us to be aware of Radio Maria. He writes :
'Radio Maria England is a 24hr Catholic Radio Station set up to broadcast programmes promoting and expressing the Christian Faith. It aims to support Catholics and others in their spiritual life and witness to those who wish to learn more about the Catholic Faith. It is part of the World Family of Radio Maria, which currently has 85 radio stations across 5 continents with 500 million listeners world-wide. Radio Maria England started life in 2019 in Cambridge and is run as a non-profit organisation by a mixture of professionals and volunteers, lay people, clergy and religious. Radio Maria England broadcasts over the internet. You can listen through our website, on your phone or tablet using the World Family app or on DAB radio. To find out more about the programmes, please visit [www. RadioMariaEngland.uk](http://www.RadioMariaEngland.uk) From broadcasting, to writing, to presenting, to praying, there are many opportunities to get involved with full training and support. You don't have to be technically-minded and there are lots of behind-the-scenes-support roles that you can get involved with. We are a very young station and there are lots of opportunities to learn new skills through supporting the work of the station. If you would like to learn more you can also email Volunteers@RadioMariaEngland.uk

THE MOST HOLY TRINITY

Today we keep the Solemnity of the Most

Holy Trinity, and I think it provides a pause for reflection in the course of the Church's Year. We have contemplated the love of God the Father in sending his beloved son into our world ; we have witnessed the saving actions of God the Son - his Incarnation, his self-offering on the Cross, his Resurrection and Ascension. And most recently we have celebrated the Coming of the Holy Spirit at Pentecost. And now, before we begin the second part of the yearly cycle we pause for reflection : we reflect upon the Nature of God as he has revealed himself to us.

Of course the doctrine of the Holy Trinity, which is the central and foundational doctrine or teaching of the Church, does not tell us 'all about God'. The nature and being of God is a profound mystery, far beyond our limited human understanding - the most profound and wonderful of all mysteries. Rather in the doctrine of the Holy Trinity, encapsulated in the words 'Three Persons within the One Substance', the Holy Spirit has led the Church into a framework within which we can think about God. We are aware that there is One God ; the pagan idea of a multiplicity of gods is unacceptable. But within that one-ness there is a three-ness : God the Father, who makes himself known in the created world which he brought into being, with all its immensity, complexity, and beauty ; God the Son, who made himself known by coming into our world, to teach, to die, and to rise again ; and God the Holy Spirit, who makes himself known in our own lives, leading and guiding us, and bestowing his gifts upon us. One God, Three Persons.

As you hear once more the Eucharistic Prayer in the Mass today, notice how 'trinitarian' it is. The Eucharistic Prayer, which is at the heart of the Mass is always addressed to God the Father. In it, we give thanks to Him for the saving actions of God the Son, whose own words cause Him to become present on the Altar. And note how we call down God the Holy Spirit upon the gifts, to change them into the Body and Blood of Christ. But then the Worship we offer in the Mass as a whole is 'trinitarian', right from the opening words 'In the Name of the Father, and of the Son, and of the Holy Spirit'. The Holy Trinity is there at the heart of our worship and at the heart of our Christian belief.