



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF
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August 29th, 2021 : 22nd SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6:00pm Int. Sylvia & David
McCullum (Diamond Wedding)
Sunday 9:30am Int. +Olive Badcock
11:00am Int. +Rudolf Belsak

Weekday Masses

Monday FERIA
9:30am Int. For the People
Tuesday ST.AIDAN
9:30am Int.
Wednesday FERIA
9:30am Int.
Thursday FERIA
No Mass today
Friday FEAST OF ST.GREGORY THE
GREAT
Noon Int. +John McNeillis
Saturday ST.CUTHBERT
9.30am Int.
6:00pm Int. For the People

The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before Mass on weekdays.

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at 11.15am

THIS WEEK

Today 2.0pm Baptism of Lorelai,
daughter of Chris and Abigail

NEXT SUNDAY
THE ANNUAL PARISH BARBEQUE
IN THE PRESBYTERY GARDEN
12.30pm for 1.0pm

If you would like to come, please write your name on the list at the back of church. The BBQ is free, but please bring your own drinks.

If you are able to bring a salad or a pudding, that would be much appreciated.

PARISH NOTICEBOARD

Anniversaries this week Sr.Margaret Mary Flynn (2000), Annie Logan-Mann (2010), and Terry Madden (2008). May they Rest in Peace.

Money Matters Last Sunday £448.95 was given in the Offertory, and £38.84 for CAFOD.

Congratulations to Sylvia and David McCullum, who celebrated their Diamond Wedding a few days ago. We hope that they will have many more happy years together.

'Visitation 2021' A team of six people - comprising Fr.John and five others - has now begun visiting people on the Parish Roll whom we don't seem to have seen for a while, to check that they are alright, and to hopefully play a part in welcoming them back.

The 2021 Sponsored Ride and Stride Please don't forget that this is coming up on Saturday

September 11th - in a fortnight's time. It is not too late to grab a Sponsorship Form from the back of church, get sponsorship from family and friends, and then come with Fr. John for a one and a half hour walk around the Felixstowe churches, leaving St. Felix at 2.0pm.

We also need people to man the church here, an hour at a time, to welcome people and sign them in. If you can help, please sign the Rota on the notice board. You can ask people to sponsor you for doing this, too!

THE TEN COMMANDMENTS

4. *Remember the sabbath day and keep it holy*

This Commandment is different from the other nine. Each of the others enshrines some truth that is changeless : for example, it will always be wrong to kill, and always wrong to worship false gods. They embody what is called Natural Law, which is built into the very fabric of God's world and its ordering. But this fourth commandment does not enshrine some unchanging principle : to keep the Jewish Sabbath is not an expression of Natural Law - it is to do with the practice of the Jewish religion. There, Saturday, the Sabbath, was and remains a commandment to be observed. But it is not so in the Christian religion.

That does not mean, of course that we do not have a special day of the week, a day which Our Lord through his Church tells us to keep holy. That day is Sunday, and whilst the old Jewish Sabbath celebrated the completion of God's Creation, Sunday marks the New Creation in Christ, which came about through his triumph over death - his Resurrection. In the Christian Faith, every Sunday is kept as a celebration of the Resurrection which took place on a Sunday, the first Easter Sunday. And from the very beginning the Church has celebrated that event week by week in the offering of the Mass, in which the risen Christ becomes present with us just as he appeared to his Apostles on that first Easter Day.

To keep The Sabbath 'holy', and to keep Sunday 'holy' means to treat it as special ; not to treat it as ordinary. God, through the Resurrection of his Son has given us a special day of the week, and it is right that we observe it. How? Yes, by

being at Mass, to worship the risen Christ who becomes present in the bread and wine which are transformed into his Body and Blood, and to receive that glorious risen presence into ourselves in Holy Communion. We need a day of the week that is different to avoid monotony and fatigue. And God has given us one. It is right to 'keep it holy'.

TEACHING US HUMILITY

Last Friday when leading the Rosary, I looked ahead to the east wall of the Sanctuary and there I saw the Tabernacle, with the big Crucifix above it, and then above that the bottom section of the Rosary window, which has the Nativity scene in its centre. The Tabernacle, the Crucifix, and the Nativity one above the other. And each of these three speaking powerfully of the humility of Our Lord Jesus Christ.

How extraordinary that the Divine Word, the one 'through whom all things were made', should have been born in a stable and laid in a manger! What a profound humility is seen here, the great Creator, as a mediaeval carol says, having 'made himself a house of clay'. And then how extraordinary that having taken our common humanity, he should then undergo the terrible humiliation of being set at nought, scourged at the pillar, and hung on the Cross. He allowed himself to be treated more terribly than the worst of criminals, he whom the Angels worship. And then in the present, to deign to be there in the tabernacle, hidden under the humble form of a wafer of bread.

The Stable, the Cross, the Tabernacle, each in itself a vivid lesson for us in humility, but the three taken together is mind-blowing. However can we be proud and vain and self-satisfied when Our Lord teaches us so clearly about humility?

(In the hard copy, a picture is placed here)