



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF  
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT  
Tel.01394 282561 e-mail frjohnfelixstowe@gmail.com

Parish Website: stfelixfelixstowe.uk Helping Hands - 07342722521

## September 26th, 2021 : 26th SUNDAY IN ORDINARY TIME

### Sunday Masses

Saturday 6:00pm Int. + Len Lanigan  
Sunday 9:30am Int. For the People  
11:00am Int. +Mary Cawston

### Weekday Masses

Monday ST.VINCENT DE PAUL  
No Mass today  
Tuesday ST.WENCESLAUS  
No Mass today  
Wednesday FEAST OF ST.MICHAEL,  
ST.GABRIEL & ST.RAPHAEL  
No Mass today  
Thursday ST.JEROME  
No Mass today  
Friday ST.THERESE OF LISIEUX  
Noon Int.  
Saturday HOLY GUARDIAN ANGELS  
9.30am Int.  
6.0pm Int. For the People

### The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before Mass on weekdays.

### Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at 11.15am

### The Mass today

The readings can be found on p.138 of the Parish Mass Book, and on p.924 of The Sunday Missal.

### THIS WEEK

*Fr.John is on holiday in the North of England.  
He returns on Friday, when the daily Mass will*

*recommence. Today we welcome Fr.Russell Frost, the former Parish Priest of St.Pancras', Ipswich, who has kindly agreed to celebrate the Masses this week.*

### PARISH NOTICEBOARD

**Anniversaries this week** Stephanie O'Mahony (2018), Sr.Celestine Fogarty (2005), Clement Loizeau (2018), and John Douglas (2001). R.I.P.

**Money Matters** There will be a retiring collection for CAFOD next weekend.

### OUTING TO CLARE PRIORY on Tuesday, October 5th

leaving Felixstowe at around 10.0am and being back at around 5.30pm

We take a picnic lunch to be eaten at the Priory. Hot drinks on arrival, and at lunch time and at tea time.

One of the Augustinian Fathers will welcome us and tell us about the Priory, which was founded in 1248. Mass in the new Priory Church at Noon.

Time to explore Clare village  
Cost : £16 per person at the Priory, plus transport.  
Please sign the list on the noticeboard as soon as possible if you would like to come.

**Helping Hands** Catherine Richardson writes 'Hello, I'm Catherine Richardson and I'm the voice you'll probably hear on our Helping Hands phone line (Tel. 07342722521). We have been pretty quiet in the last eighteen months but now we're back! In that time a few of our volunteers have retired and I'm sure that as a Parish we would all

like to thank them for the time they have given so cheerfully.

The sort of things we do are giving lifts to Mass and Parish functions, helping with visits to the doctors and hospital, home visiting and the occasional small domestic task. As home visiting is no longer without its risks we could try having 'Phone Buddies' so if you are indoors more than out and would welcome a 'phone call sometime, it could be arranged.

All our volunteers have to undergo the DBS check (the old Police check). We could do with a few more volunteers joining us. Sometimes volunteers go months without being asked to help, while some give lifts on a weekly basis. Everyone does as much or as little as they feel able. The last few years of Helping Hands have shown us it is a good way of prolonging people's attendance at Mass and enabling people to join on other Parish-based activities.. None of us want to feel isolated or forgotten.

If you would like to find out about being a Helping Hands volunteer, or if you think we could help you in any way, please give me a ring on the Helping Hands number, which is at the top of our Parish Newsheet every week'

## THE TEN COMMANDMENTS

### 7. *You shall not steal*

Our Lord's two great Commandments, that we should Love God and Love one Another - note that they are phrased 'You shall', rather than 'You shall not' - summarise the ten Commandments of the Old Testament. And that is obviously the case with this seventh commandment. For how can we claim to love our neighbour if we steal from him or her? Theft is incompatible with love. Love gives and shares rather than takes and steals.

This commandment is absolute. It states that all stealing is wrong. It doesn't talk of mitigating circumstances, or anything like that. It doesn't fudge, or make the commandment relative. Here is something which is of its very essence wrong. A person's right to what is properly theirs is always to be respected. One hears of people taking the odd thing - sometimes small insignificant things - from work, and saying 'it doesn't matter, no one will miss it' : but it does

matter. Whether the object is small or large, if it belongs to another, then it is not ours to take. And then of course there are kinds of stealing which don't involve objects. We can steal from an employer by not working the hours for which we are being paid. And we can steal a persons good name by spreading rumours about them. Theft takes various forms.

Is it possible to steal from God? Arguably, yes. When we destroy the beauty which he has brought into being, or when we use our body or our goods in a way that is contrary to his will, then maybe that is in a sense stealing from God, taking (and misusing) what is his. God, out of the love which he has for us, wants us to be happy. And breaking this fundamental law which he has given us can never lead to true happiness.

The Stewardship Campaign

**FAITHFUL STEWARDS OF GOD'S GIFTS**  
is nearly here!

It will take place  
on Sundays

OCTOBER 10TH  
OCTOBER 17TH  
and OCTOBER 24TH

On those three Sundays there will be  
**JUST ONE SUNDAY MORNING MASS**  
**AT 10.30AM**

(The Campaign will also happen at the three  
Saturday evening Masses)  
The Campaign is not something which we have  
thought-up here :  
it will take place at different times in every parish  
of the diocese.

We should welcome this challenge to us to look  
carefully at the needs of our parish, and to think  
how we can all play a part in meeting those needs  
by sharing our  
**TIME, TALENTS, & TREASURE!**