



1045

PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : Fr. John Barnes MA VF
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT
Tel.01394 282561 e-mail frjohnfelixstowe@gmail.com

Parish Website: stfelixfelixstowe.uk Helping Hands - 07342722521

January 30th, 2022 : 4th SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6:00pm Int. Karen, Ruth, and Alex Thomson

Sunday 10.0am Int. For the People

Weekday Masses

Monday ST.JOHN BOSCO

9:30am Int. +Ruby Bendel

Tuesday ST.HENRY MORSE

9:30am Int. Sandy Mealy

Wednesday FEAST OF THE PRESENTATION OF THE LORD

9:30am Int. Stephen Mealy

Thursday ST.BLAISE

9.30am Int. In Thanksgiving

Friday FERIA

11:30am Int. +Breen Gill

Saturday ST.AGATHA

9.30am Int.

6:00pm Int. For the People

The Daily Office

Lauds (Morning Prayer) is said a quarter of an hour before Mass on weekdays.

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am

Friday at Noon

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at Noon, during Exposition

The Mass today

The readings can be found on p. 133 of the Parish Mass Book, and on p. 979 of The Sunday Missal.
Hymns at 10.0am : 720, 724, 795

THIS WEEK

Today 11.0am - 11.30am The First Holy Communion Group meets in the Cooper Room.

Tuesday 10.45am to 11.45 Coffee-time meeting of the Group looking at the Catechism of the Catholic Church, in the Cooper Room. All welcome.

Wednesday

CANDLEMAS

Feast of the Presentation of our lord in the temple

Mass at 9.30am,

with the Blessing of Candles and Procession

Thursday

Feast of st.Blaise

The traditional Blessing of Throats will take place at the end of the 9.30am Mass

PARISH NOTICEBOARD

Anniversaries this week Nigel Gorham (2013). Sydney Pope (2003), Iris Douglas (2006), Nora Twomey (2008), Muriel Hargreaves (2003), Patrick Kilbride (2005), Patricia Manthorpe (2000). May they Rest in Peace.

Money Matters Last Sunday £424.66 was given at the Offertory, and £30.20 for CAFOD.

Free Diocesan Newspaper A new edition is available in the porch this weekend. Do take a

copy - it is full of diocesan news.

CAFOD's Walk Against Hunger Lent challenge

Boni & Kate write : There are 200 million children in the world whose lives are at risk through malnutrition. This coming Lent, challenge yourself to walk 200km, and help give hunger its marching orders. Do 5k a day, your way, for 40 days, get sponsored and you'll conquer your 200 km target in time for Easter - and help people around the world to live free from hunger. To take part go to cafod.org.uk/walk

We will be setting up a St.Felix Parish "Just Giving Account" similar to last year and we hope you can sign up for the challenge too and whoever does the walk, don't forget to ask for sponsorship from people in the parish, friends and family. It's a great way to involve others in all you do with CAFOD.

CAFOD Friday soups during Lent Kate and Boni also write 'COVID permitting we shall once again run the CAFOD soup lunches on the six Fridays during Lent, from March 4th through to April 8th. If anyone would like to volunteer to either make soup or help serve, please contact us.

THE SYNODAL WAY

Here are two more of the ten questions which Pope Francis has asked the Church to consider. To answer them, go to the parish or diocesan website, where it will tell you what to do. If you need help, then consult our Parish Representative for the Synodal Way, Stephen Badcock.

3. How good are we at communicating?
Do we feel able to share our thoughts and ideas openly with each other?

Are we living out our baptismal vocation, ready to speak the truth in love when necessary?

Does this include social media?

4. How well does the Church's liturgy inspire a deeper encounter with the risen Lord?

Does the Sunday Mass bring me closer to God, and enable me to be fed by Him?

When I leave Mass, what do I take out into the wider world?

Does my personal prayer life bring me closer to God and connect me with the Church?

When I pray, for what do I give thanks to God? - and what do I ask of Him?

LIGHT IN OUR DARKNESS

On Wednesday this week, Candlemas, it will be forty days since Christmas Day, and the end of the old Christmastide - before the Church decreed that this season should end much earlier, with the Feast of the Baptism of Our Lord. I think back to the Mass of the Day on Christmas morning, and the Gospel which we heard then - the Prologue to St.John's Gospel. We heard John speak of the life of Jesus, the divine Word, as being 'the light of men, a light that shines in the darkness, a light that darkness could not overpower'. He spoke too of Jesus as 'the light that lightens all men'. And now when we keep the Feast of the Presentation of Christ in the Temple - Candlemas - we think once more of Jesus as our light as we hear the prophet Simeon declare him to be 'the light that gives light to the gentiles'.

Light is one of the primary images of Our Lord. Before too long we will be once more be lighting the Easter Candle, which represents the Risen Christ, and as we carry it into church will be singing joyfully 'Christ our Light!' The Church at various points in the year brings this image before us, which is good and right. For we are all too aware of the darkness which surrounds us. We are now emerging - hopefully - from the darkness of the COVID pandemic, only to enter the darkness of the threat of war in eastern Europe. Darkness seems to come in surges, enveloping us and causing us to be fearful. Always one kind of darkness or another. And so we need St.John's assurance that the darkness cannot overpower the light. The Light of Christ, the risen and triumphant Christ, always shines out : the darkness may for a time dim the light, as clouds may dim the sun. But the Light is not extinguished. Not least it shines on in hearts which cling to the faith which has been granted to them. We must not despair. 'I have overcome the world', Jesus says. The darkness will not last for ever, but the kingdom of God - that is eternal.