



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : The Very Revd. Canon John Barnes VF
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February 19th, 2023 : 7th SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6:00pm Int. For the People
Sunday 10:00am Int. +Bernard Davies (FM)
4:00pm (Convent) Int.

Weekday Masses

Monday FERIA
9:30am Int. +Edith Pritchard (FM)
Tuesday ST. ROBERT SOUTHWELL
9:30am Int. +Patrick Moroney

ASH WEDNESDAY *The beginning of Lent*

9:30am (St. Felix) Int. +Richard Butt
11:30am (Convent) Int.
7:30pm (St. Felix) Int. Our keeping of Lent

Ashes will be blessed and imposed at each Mass

Thursday LENT FERIA
2.15pm FUNERAL MASS FOR KATHLEEN
RICHARD RIP
Friday LENT FERIA
No Mass Today
Saturday LENT FERIA
9:30am Int.
6:00pm Int. For the People

The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon, Tues, Wed, & Sat, and Vespers at 7.15pm on Wednesday.

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at Noon

The Mass today

The readings can be found on p.139 of the Parish Mass Book, and on p.712 of The Sunday Missal.
Hymns at 10.0am : 863, 803, 820

AT THE 10.0am MASS TODAY
The First Holy Communion Candidates will,
with their Parents, be making their
ACT OF COMMITMENT
They are
ALAN, AGNE, EMILIA,
KIERA, JACOB, JULIA, & LAYLA

Please pray for them and for their Families
in the weeks ahead. The First Communion will be
on Sunday June 18th.

THIS WEEK

Today After the 10.0am Mass, there will be pancakes in the Hall for everyone, with games for the young people. Do come across to this pre-Lent celebration!

Wednesday Ash Wednesday is a very special day in the Church's year, the day when we begin our six week preparation for celebrating the dying and rising of the Lord. Do try to be at Mass, to begin Lent in the very best way. Today is one of the two days of Fasting and Abstinence in the year (the other is Good Friday). Fasting means that we cut back on our food and drink; Abstinence means

that we abstain from meat.

Thursday 2.15pm Funeral Mass for Kathleen Richard RIP, followed by Cremation at the Crematorium of the Seven Hills at 3.45pm (No 4.30pm Convent Mass today)

Friday 10.45am Fr. John attends a Meeting of the Cathedral Trustees in Norwich. Unfortunately this means no Mass today, but Rosary will be as normal at Noon, and the first Lent Lunch for CAFOD will be in the Hall at 12.30pm.

Next Sunday Stations of the Cross will be at 5.0pm on Sundays in Lent. We begin next Sunday.

PARISH NOTICEBOARD

Anniversaries this week Vera Histed (2018), Pamela Evans (2008), Robert Horne (2002), Wanda Turner (2006), Evelyn Foster (2011), and John Pitt (2014). May they Rest in Peace.

Money Matters Last Sunday £421.10 was given at the Offertory, and £16.00 for CAFOD. PLEASE NOTE : The new Tax Year starts on April 5th. New envelopes will be available in the church entrance during March. Retiring collection today for earthquake victims.

Lenten Tricycling Rosemary Chilcott is planning to undertake sponsored tricycling again this Lent, for WATER AID. She aims to cycle for five miles each day, and would welcome sponsorship. If you are able to do so, please catch her after any 10.0am Sunday Mass.

Restoring the Chalice to the people I invited you to comment on the matter of resuming the giving of Holy Communion under both kinds : several people have expressed the opinion that this is not opportune at present with COVID still being prevalent.. So for the time being we will continue to do what the Church did for so many centuries - receiving our risen Lord under just one kind.

Childrens' Lent Day by Day Monica writes 'The popular Children's Day by Day Lent booklets, with puzzles and whatever in them, are

now available at the back of church. Do take one for your children or grandchildren.'

Can you help? The Lent Lunches begin this Friday - see above - and Kate Pinto, who is once more organising them, would be very grateful of offers of help both for making soup and serving the lunches. If you can help in either way - or both! - please will you contact Kate on .

'Welcome, dear feast of Lent'

-The opening words of a poem about Lent written by the seventeenth-century poet Robert Herrick. The two words 'welcome' and 'feast' are designed to shock. Many people see Lent as a gloomy, negative, time - but really it is nothing of the sort. It is a time for coming-alive : we feel more energetic as the days lengthen, and this approaching season of the Church's Year can and should be a time of reawakening in our spiritual life. A time when we become more aware of the presence, goodness, and energizing power of God, and when we feel motivated to respond. A time, therefore, to be welcomed rather than disliked.

And 'feast'? Yes, because in this season there is abundant food for our souls. The Church provides devotions and practices which will nourish us in faith, and enable us to grow. And the themes and readings provided for us offer much that will nourish our faith and our love of God.

Hear are some words of Pope Benedict about Lent, and about Ash Wednesday with which it begins :

*'Dear brothers and sisters,
let us begin our Lenten journey with joyful confidence. May we feel deep within us the call to conversion, to "return to God with all our heart", accepting his grace which makes us new men and women, with that astonishing newness which is a share in the very life of Jesus. May none of us be deaf to this appeal, which also comes to us in the austere rite of the imposition of ashes - at once so simple and so evocative. May the Blessed Virgin Mary, Mother of the Church and the model of all authentic disciples of the Lord, accompany us throughout this Lenten season.'*