



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : The Very Revd. Canon John Barnes VF
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February 26th, 2023 : FIRST SUNDAY OF LENT

Sunday Masses

Saturday 6:00pm Int. For the People
Sunday 10:00am Int. +Mary Kennedy
4:00pm (Convent) Int. Jose Periera

Weekday Masses

Monday LENT FERIA
9:30am Int. +Thomas Stonor
Tuesday LENT FERIA
9:30am Int. +Edith Pritchard (FM)
Wednesday FEAST OF ST.DAVID
No Mass today
Thursday LENT FERIA
4:30pm (Convent) Int.
Friday LENT FERIA
11:30am Int. +Rosemary Chase (FM)
Saturday LENT FERIA
9:30am Int.
6:00pm Int. For the People

The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon, Tues, Fri. & Sat.

Exposition of the Blessed Sacrament

Tuesdays at 10.0am Benediction at 10.30am
Friday at Noon

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at Noon (during Exposition)

The Mass today

The readings can be found on p.151 of the Parish Mass Book, and on p.152 of The Sunday Missal.
Hymns at 10.0am : 206, 788, 799

THE FIRST WEEK OF LENT

Today 5.0pm *STATIONS OF THE CROSS*

Friday 12.30pm *LENT LUNCH FOR CAFOD*
In the Hall

Friday 7.0pm *THE PARISH LENT COURSE*
'The Paschal Drama'
1. Coming into Jerusalem
In the Cooper Room

ALSO THIS WEEK

Monday 11.0am We provide a short Service at the White Gables Residential Home.

Tuesday 10.45am The Catechism Group meets in the Cooper Room. This week we will be looking at paragraphs 871-896. Why not join us?

2.0pm Fr.John takes part in a Diocesan Liturgy Commission visit to the St. Philip Howard Church in Cambridge, to advise on an extension and liturgical re-ordering.

Thursday 11.0am Fr.John attends a Meeting of the Council of Priests at Poringland.

Saturday 2.0pm Our March Parish Walk. See overleaf.

PARISH NOTICEBOARD

Anniversaries this Week Patrick Bailey (2004), Ferdinando Conti (2011), Ellen Newman (2006), Margaret Lupton (2003), Bertie Simpkin-

Kane (2009), Ernie Veitch (2017), Kathleen Thomson (2007), Kathleen Dillon (2002), Karen Thomson (2016), and Helen Summers (2022). RIP

Money Matters Last weekend £377.42 was given in the Offertory, and £18 for CAFOD. In the retiring collection, which was for victims of the Turkey/Syria Earthquake, a total of £789.00 was given.

Next Sunday there will be a retiring collection for CAFOD, following the Family Fast Day on Friday this week.

The pancake event This, the first item in our programme of social events this year, was well attended and much enjoyed. Our thanks to Edwina and her team who organised the pancakes and their astonishing variety of 'toppings'!

Ash Wednesday Mass attendances on this, the first day of Lent, were better than they have been in the nine years that I have been here. We've made a good start to Lent as a Parish! Now let's all try to keep up the momentum. Let's resolve to be at Mass EVERY Sunday, and see if we can be present at a weekday Mass each week too!

Parish Walking Group Our walk next Saturday afternoon - lasting just over an hour - is at Nacton Shore. We assemble there at 2.0pm. Drive to Nacton village (it takes about a quarter of an hour) and turn right, down to the gates of Orwell Park School. There turn left, and follow the lane down to the gates of Brook Hall. There turn right, and follow the lane down to the Car Park. If you would like a lift from Felixstowe, please tell Fr. John.

Suffolk Refugee Support Barbara writes 'Dear Friends of Suffolk Refugee Support, please see the newspaper article on the notice board regarding the work of the SRS sewing group. Special thanks to those who donated sewing machines.'

THE PARISH LENT COURSE

I'd like, if I may, to say something about the Lent Course which begins on Friday evening this week, 7.0pm-8.0pm in the Cooper Room of the Hall.

What Lent is essentially about is preparing for the celebration of the Paschal Mystery of the dying and rising of the Lord, which takes place year by year in Holy Week and Easter. It is through these saving actions of Our Lord that we are freed from the captivity which our disobedience has brought about, and given a share in the new and endless life of Jesus. Lent isn't an end in itself, rather it is a means to an end. And that end is a fruitful entering into the Mystery of Our Lord's saving work.

The way in which the Church has, down the ages, recalled and celebrated these saving actions is through a series of four great Services, or 'Liturgies' - held in Holy Week on Palm Sunday, Maundy Thursday, Good Friday, and Holy Saturday night. They are the four acts of a moving and astonishing drama. Now if Lent is about preparing ourselves for this celebration, what could be a better activity in Lent than to look carefully at these four great Services in advance? - looking at the readings which we will hear and the rites and ceremonies which we will witness and take part in? I think doing this is a worthwhile activity, and one which will help us to understand more deeply what happens, here and throughout Christendom, in Holy Week and at Easter.

And so I invite you to come along for just one hour each week, and take part in this course. I think that if we do this, Holy Week will be a deeper and more affecting experience for us this year, and we will understand what it is all about. This week, in this first session, we will look at what the Church has done for many centuries on Palm Sunday, and which it still does today.

In the hard copy,
a Palm Sunday illustration