



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : The Very Revd. Canon John Barnes VF
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March 5th, 2023 : SECOND SUNDAY OF LENT

Sunday Masses

Saturday 6:00pm Int. For the People
Sunday 10:00am Int.
4:00pm (Convent) Int.

Weekday Masses

Monday LENT FERIA
9:30am Int. +Robert Aylward (FM)
Tuesday LENT FERIA
9:30am Int.
Wednesday FEAST OF ST.FELIX
9:30am Int. For the Parish
4.30pm (Convent) Int.
Thursday LENT FERIA
No Mass today
Friday LENT FERIA
11:30am Int.
Saturday LENT FERIA
9:30am Int. +Rosemary Bantick (FM)
6:00pm Int. For the People

The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon., Tues., Wed., Fri., & Sat.

Exposition of the Blessed Sacrament

Tuesdays at 10.0am Benediction at 10.30am
Friday at Noon

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at Noon, during Exposition.

The Mass today

The readings can be found on p.155 of the Parish Mass Book, and on p.158 of The Sunday Missal.
Hymns at 10.0am : 199, 770, 982

THE SECOND WEEK OF LENT

Today 5.0pm *STATIONS OF THE CROSS*

Wednesday 7.0pm *DEANERY STATION MASS*
at St. Mary's, Ipswich

Friday 12.30pm *LENT LUNCH FOR CAFOD*
in the Hall.

Friday 7.0pm *THE PARISH LENT COURSE*
2. Eating the Paschal Meal
In the Cooper Room

ALSO THIS WEEK

Tuesday 10.45am The Catechism Group meets in the Cooper Room. This week we look at paragraphs 878 to 896.

Wednesday Please note that there will be a Mass at the Convent at 4.30pm today, instead of tomorrow.

PARISH NOTICEBOARD

Anniversaries this week Helen Hurry (2017), Brian Evans (2017), John Sugden (2022), Dennis Haylock (2003), Leslie Hart (2006), Elizabeth Baston (2011), Anne-Marie Bayles (2004), Helen Lawrence (2015), Sr. Sebastian RJM (2016), Fr. David Hennessey (2019), Bridget Kaziow (2021), and Michael Hockley (2022). May they Rest in Peace.

Patricia McGrath RIP We were sad to hear of Patricia's death (Anne Dance's Mother) - she was a

dear old lady, who came to Mass latterly whenever her health permitted. We send our sympathy to Anne & Philip and their family.

Money Matters Last Sunday £344.80 was given in cash at the Offertory, and £42.44 for CAFOD.

The Deanery Station Mass By ancient tradition a Bishop makes a progress through his diocese in Lent, stopping off - or making a Station - at various centres in order to say Mass for the people. Our new Bishop is doing this during Lent (as Bishop Alan did), and he comes to Ipswich next Wednesday to say Mass for the people of this Ipswich Deanery. It is a good as well as an ancient custom, being a link between a bishop and the people of his diocese, as together we prepare ourselves for the celebration of the Paschal Mystery of the dying and rising of the Lord. It will have a special resonance this year, as it will be the first opportunity for many people to be at the Altar with our new bishop. I do hope that many of you will make the effort to attend. As in past years, there will be a Holy Hour for one hour before the Mass, which is 7.0pm : from 6.0pm the Blessed Sacrament will be exposed for Adoration, and priests will be available to hear Confessions. And then after the Mass, soup and rolls will be served in the Hall. In past years there has been hardly anyone from Felixstowe at the Station Mass : let's make it different this year! (The postcode for St.Mary's Woodbridge Road, Ipswich, is IP4 4BD)

Parish Library Three very good books have just been donated to the Parish Library, which is housed in the bookcases in the Hall, and from which people are free to borrow books (and hopefully return them!). They are two notable books by Robert, Cardinal Sarah, *The Day is Now Far Spent* and *The Power of Silence*, and also a copy of Fr.Michael Rear's excellent book *Walsingham : Pilgrims and Pilgrimage*. Maybe Lent reading for someone?

I'm worried that for the past few years we have not had any Catechumens (adults preparing for entrance into the Church by Baptism) or Candidates (baptized adults preparing to come into the Catholic church by Reception). It is both to the glory of God and for the building up of our

parish family that we have such people. Please will you join me in praying fervently for Catechumens and Candidates? Archbishop Antony, the former Eastern Orthodox archbishop in London used to teach us to make 'huge requests' in our prayer, and to 'batter the gates of heaven'. Please can we do this? Only prayer will make it happen.

FEAST OF ST.FELIX

Patron of our Parish

Wednesday, March 8th

*Parishioners are invited to come into the
Presbytery after the 9.30am Mass
for Coffee and Cakes*

THINGS WE DO IN LENT

I. STATIONS OF THE CROSS

Yes, Lent is about preparing ourselves to enter more fully into the mystery and wonder of Our Lord's saving work, his dying and his rising, which we celebrate each year in Holy Week and at Easter. And for many centuries Catholics have found that following the Stations of the Cross has a valuable and special place in this preparation. As we walk with Jesus from Pilate's House where he was condemned to death, to the Hill of Calvary where he was crucified, and on to the sepulchre where his body was laid, we are made vividly aware of his sufferings and of the love for all people which prompted him suffer and die for us.

Why is Stations so powerful? I think because it involves our whole selves. Our **body** is involved as we walk from Station to Station ; our **mind** is engaged as we meditate on the fourteen incidents; and our **soul** plays it's part as we pray in the course of the devotion. Through this total participation we are focused upon Jesus.

Historically, the devotion probably goes back to what pilgrims to Jerusalem were doing as early as the fourth century, but in the form with which we are familiar today, it dates from the Middle Ages, when it was popularised by the Franciscans.

Why not 'give it a try' if you are not familiar with Stations? During Lent we are holding this devotion at 5.0pm each Sunday. You may find it a useful part of your keeping of Lent.