



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : The Very Revd.Canon John Barnes VF  
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT  
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**June 18th, 2023 : 11th SUNDAY IN ORDINARY TIME**

## Sunday Masses

Saturday 6:00pm Int. For the People  
Sunday 10:00am Int. The First Communicants  
4:00pm Int.

## Weekday Masses

Monday FERIA  
9:30am Int. +Cuddon & Morris Families  
Tuesday ST.ALBAN (FM)  
9:30am Int. +Elsie Fenton (FM)  
Wednesday ST.ALOYSIUS GONZAGA  
No Mass today  
Thursday FEAST OF ST.JOHN FISHER  
AND ST.THOMAS MORE  
4:30pm (Convent) Int.  
**7.0pm** Int. +Reuben Shayle  
Friday ST.ETHELDREDA  
11:30am Int.  
Saturday SOLEMNITY OF THE NATIVITY  
OF ST.JOHN THE BAPTIST  
9:30am Int. St.John's Cathedral  
6:00pm Int. For the People

## The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon, Tues, Fri, & Sat.  
Vespers at 6.45pm on Thurs.

## Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am  
Friday at Noon

## Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at Noon (during Exposition)

## The Mass today

The readings can be found on p.91 of the Parish

Mass Book, and on p.728 of The Sunday Missal.

**FIRST HOLY COMMUNIONS**  
will be made at the 10.0am Mass,  
for which there will be a special leaflet

**Our Congratulations to the Candidates  
and their families**

**JACOB BATEMAN**  
**MILENA CIURKO**  
**AGNE LINKUTE**  
**EMILIA LIS**  
**LAYLA LIS**  
**JULIA SWIERCZYNSKA**  
and **ALAN WLODARSKI**

## THIS WEEK

**Monday** 7.0pm Training for new Lay

Ministers of Holy Communion, Presbytery

**Tuesday** 10.45am The Catechism Group meets in the Cooper Room. Today we look at paragraphs 1042 to 1065.

**Wednesday** Fr.John attends a Meeting of the Cathedral Chapter, at St.John's Cathedral.

**Thursday** Fr.John attends a Meeting of the Liturgy Commission, at Poringland.

## PARISH NOTICEBOARD

**Anniversaries this week** Robert Boreham

(2014), Florence Kitchingman (2001), Janet

Doggett (2013), Valerie Howes (2007), Janet

Mitchell (2000), John Milford (2006), Halina

Schoeberl (2016). May they Rest in Peace.

**Money Matters** Last Sunday £369.05 was given

in the offertory and £19.90 for CAFOD. Today there is a retiring collection for Catholic Life Charities.

**Red Missionary Boxes** Barbara writes : Dear Mission (Red Box) friends, this year's impact statement, which explains how your donations are spent, is in the porch. Please help yourselves. It also explains how to make direct payments rather than putting cash in your box. You are encouraged to keep your Red Box to remind you to pray for the work of Missio. If anyone would like a Red Box please let me know. Barbara Lamberton.

**Cleaning Team Members** Please collect your invitation to the annual Cleaning Teams Afternoon Tea from the letter rack in the church porch.

### THE NAVE WINDOWS

Last week I reported that six 'lights' - that is two whole windows - have already found sponsorship, and now this week there has been another. Good progress, and this even before the first specimen window has been installed! That installation is scheduled for the next week or two. Something to look forward to with anticipation.

### THE BLESSED SACRAMENT III

People sometimes remark on the fact that the 'feel' of a Catholic church is different from that of any other kind of church, and they usually attribute this - quite rightly - to the fact that the Blessed Sacrament, Jesus himself, is there in the Tabernacle. The Tabernacle is usually placed at the centre of the east wall of the church, behind the Altar, as it is here. It is only right that Our Lord should be in the centre, and at the focal point of the whole building. In a royal palace the throne is not placed in a side room! The presence of the Tabernacle, with the sacramental presence of Our Lord within it, makes a Catholic church a holy place. And that is tangible.

I'd like to take you inside the Tabernacle. We lift aside the veil which covers it, the colour of which changes according to the season or the feast-day. The veil or covering is a traditional

mark of reverence : in the Temple of God's ancient people there was a veil before the Holy of Holies. We then turn the key in the lock - our most precious possession must be guarded and protected - and then opening the door we find an inner curtain, always white. Behind it is a silver vessel called a *ciborium* - a kind of chalice with a lid. Only vessels made of gold or silver are worthy to contain the Blessed Sacrament. For within the *ciborium* is Jesus himself - present in the Hosts which have become his Sacred Body through the consecration effected at the heart of the Mass. Bread which has been transformed by Jesus' words 'This is my Body' into Jesus himself. He is present to be the food for our souls, received in Holy Communion. And also so that we can know his presence with us in a vital and wonderful way, enabling us to come into that holy presence whenever we enter the church.

It is only right that we give the greatest reverence and honour to Jesus there in the Tabernacle. And so it is that when we come into church, we genuflect (bow the knee) towards the Tabernacle, or bow deeply if our knees don't allow us to genuflect. I think that in recent years some people have got rather slack over doing this, and come into church as they would into a cinema or theatre. This is wrong, and disrespectful to Our Lord. Always enter into the presence of Jesus with reverence and awe, and before going into your pew, always genuflect or bow towards the Tabernacle. The same when we leave. It is wonderful indeed, and a huge privilege, that Our Lord comes amongst us and is present with us. We must respond to him in a loving and reverent way.

### ATMOSPHERE

Yesterday I visited one of our parishioners who is currently a patient in the St.Elizabeth Hospice in Ipswich (Yvonne, please pray for her). As on previous occasions I was impressed by the atmosphere there - peaceful, calm, relaxed, and positive. An atmosphere that we might want to work to achieve in our own homes, and indeed in our church. How important atmosphere is, and what a difference it makes to us. In a good atmosphere we unwind. I wonder how we can achieve a really good atmosphere? I think unselfish, generous, caring for others is one vital element. There is certainly that element at our local Hospice, which makes it so special.