



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : The Very Revd. Canon John Barnes
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June 26th, 2023 : 12th SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6:00pm Int. For the People
Sunday 10:00am Int.
4:00pm (Convent) Int.

Weekday Masses

Monday FEAST OF THE DEDICATION
OF THE CATHEDRAL
8.0am Int. +Michael & Joan Hazell (FM)
Tuesday FERIA
9:30am Int. +Jemima Cuckow
Wednesday ST. IRENAEUS
No Mass today

Thursday
SOLEMNITY OF ST. PETER
AND ST. PAUL
Holy Day of Obligation
11.0am Int. For the People
4:30pm (Convent) Int.
7.30pm Int.

Friday FIRST MARTYRS OF ROME
11:30am Int.
Saturday ST. OLIVER PLUNKET
9:30am Int. +Kevin Williams
6:00pm Int. For the People

The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon, Tues, Thurs, Fri, & Sat., and Vespers on Thursday at 7.15pm.

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am
Friday at Noon

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at Noon (during Exposition)

The Mass today

The readings can be found on p.94 of the Parish Mass Book, and on p.730 of The Sunday Missal.
Hymns at 10.0am : 851, 748, 795

THIS WEEK

Monday Mass is at 8.0am today, as Fr. John has to attend the Chapter Mass for the Solemnity of the Dedication of the Cathedral at 11.30am.

Saturday 10.0am The Cremated Remains of Kevin Williams RIP will be interred in the Memorial Garden (after the 9.30am Mass)

PARISH NOTICEBOARD

Anniversaries this week Austin Ryan (2006), Mary Newby (2003), Olive McElhinney (2014) and John Ryan (2006). May they Rest in Peace.

Money Matters Last Sunday £412.86 was given in the Offertory, £23.50 for CAFOD and £110.10 in the retiring collection, which was for Catholic Life Charities. Next Sunday there is the traditional 'Peter's Pence' retiring collection, which is for the 'central office' costs of the Church.

Congratulations to Dr. Tim Whitley, husband of our Parish Secretary, Teresa, who has been awarded an OBE in the King's Birthday Honours.

and Congratulations to Liviu Crisan, a faithful member of the 6.0pm Saturday congregation, and

his wife Owana, who have just had a baby son. They were married at St.Felix a couple of years ago.

THE NAVE WINDOWS

**Since last week another 'light' has been sponsored, bringing the total 'lights' now sponsored up to eight -a quarter of the total, and nearly three whole windows. Also since last week a generous parishioner has made a donation of one thousand pounds towards the project.
Would YOU like to help?**

THE BLESSED SACRAMENT IV

A reminder that this series is the principal part of the *Catechesis* (teaching) on the Blessed Sacrament which Bishop Peter said should take place in every parish prior to the re-introduction of the Chalice - that is the option of receiving the Precious Blood of the Lord in Holy Communion at every Mass. We are taking this current situation as a good opportunity to renew our understanding of all aspects of the Blessed Sacrament in our lives, before the Chalice is once more available to us. You will remember that we hoping that this restoration will happen at the end of July - the Month of the Precious Blood. No one will be forced to receive Holy Communion under both kinds. But some, I know, will welcome the opportunity to be able to do so.

One of those aspects of Holy Communion which we need to consider is Preparation and Thanksgiving. We prepare in our everyday lives for any significant moment and event, and few things are more significant than the moment when the risen Lord comes to us in this special and wonderful way which he has chosen.

How should we prepare ourselves to welcome Jesus in his sacramental presence? **First** of course the very best preparation is to live a life in which we are truly seeking to love God and love our fellow men and women. This matters far more than the reading and saying of special Eucharistic

devotions. We love God most obviously through our life of prayer - spending time with him, giving him our attention. And we love our neighbour by being there for him or her, being generous, helpful, kindly, patient, forgiving. A daily life modeled on that of Jesus is the very best preparation we can make for Holy Communion.

Then **Second**, the first part of the Mass is meant to be a preparation for Holy Communion. As you know, the first half of the Mass is in essence the old Jewish Synagogue Service, with readings, psalmody, homily, and Intercessions. In the first century it became joined to the 'Supper Service' which Jesus instituted at the Last Supper - namely the Great Thanksgiving over bread and wine, the offering of the Holy Sacrifice, and then the sharing in what has been consecrated (transformed) and offered. The Church found that what is now the first part of the Mass - principally the hearing of God's word - made an excellent preparation for receiving Holy Communion.

Third, yes there should be some special prayer-time directed towards preparing ourselves for Holy Communion. We should aim to arrive in Church a little before Mass begins, and spend time - not chatting to others - but being quiet with God, and telling him that we are looking forward to receiving this wonderful Gift, Jesus himself. Maybe we will have begun that preparation the night before. We may ask Jesus to bring particular graces to us when he comes. We may want to tell him that we are sorry for something which we have said or done. We may want to heighten our love of him by thanksgiving for his gifts.

And then Thanksgiving for Holy Communion. We know it is right to thank people for even a small gift - how much more should we thank God for such an amazing gift! We will want to say thank you straight after Communion (rather than chatter!) and we will want to recall this wonderful coming at odd moments during the course of the day. Our Lord's gift of himself must never become 'matter of fact', casual. It's far too special for that. It is a big event for all of us.

In hard copy,
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