



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : The Very Revd. Canon John Barnes VF
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July 23rd, 2023 : 16th SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6:00pm Int. For the People
Sunday 10:00am Int. For Vocations
4:00pm (Convent) Int. John & Diana
- 65 wonderful years

Weekday Masses

Monday FERIA
9:30am Int. Vocations to the Priesthood
Tuesday FEAST OF ST.JAMES
9:30am Int. Vocations to Religious Life
Wednesday ST.JOACHIM & ST.ANNE
No Mass today
Thursday FERIA
4:30pm (Convent) Int. +James Shevlin
Friday FERIA
11:30am Int. The Seminarians
Saturday STS. MARY, MARTHA, &
LAZARUS.
6:00pm Int. For the People

The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon, Tues, and Fri.

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am
Friday at Noon

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at Noon

The Mass today

The 10.0am Mass today will be attended by Scouts and Leaders from the 7th Epping Forest Scout Troop, who are camping in the area. They joined us last year, and we are delighted to welcome them

here again today.

The readings can be found on p.105 of the Parish Mass Book, and on p.744 of The Sunday Missal.
Hymns at 10.0am : 719, 770, 801

THIS WEEK

Monday 11.0am Monthly Service at White Gables Care Home.

Tuesday 10.45am The Catechism Group meets in the Cooper Room. This week we look at paragraphs

Saturday No 9.30am morning Mass today, as Fr.John has to attend an Ordination at the Cathedral, at 11.30am. Paul Raynes, the Diocesan Director of Finance, is to be ordained as a Permanent Deacon. Please remember him in your prayers.

PARISH NOTICEBOARD

Anniversaries this week Maurice Simms (2004), Charles Buckley (2018), James Shevlin (2011), Roy Fenton (2001), and Ronald Hockery (2002). May they Rest in Peace.

Congratulations to John & Diana Whelan, celebrating their 65th Wedding Anniversary.

Money Matters Last Sunday £436.09 was given at the Offertory, and £20.77 for CAFOD. A further £15.0 came in for the Stella Maris appeal.

Prayer for Vocations Each week a different parish in the diocese takes a turn in praying for Vocations - in particular vocations to the Priesthood, but also to the religious life. This week it is our turn. You will see that several of the Masses this week will be offered for vocations, and we will be interceding in the Prayer of the

Faithful at the Sunday Masses. Please also keep this intention in your private prayers.

Childrens' Liturgy Monica writes 'Today is the final Childrens' Liturgy of this term. We will resume when the Summer holidays are over.'

'Dose Doors I'm sure you will have noticed that the church doors have been painted. They have been looking terribly shabby for a long time, and since the doors of the church are almost the first thing that a visitor or prospective parishioner encounters, it is important that they give a good impression. They now look very smart and welcoming. I chose a very deep green because I think it goes so well with the golden stone, and the white limestone of St.Felix' niche above. I do hope that you agree.

Maris Stella Julian Wong, Regional Maris Stella Port Chaplain for East Anglia and Haven Ports, writes : 'On behalf of Stella Maris, I would like to thank everyone at St.Felix Parish for your generous donations and prayers on Sea Sunday. Many thanks to Haley Dossor for speaking on behalf of Stella Maris. We appreciate the support of everyone, without which we are not able to minister to the people of the seas. Please contact Julian on 07758356372 if you would like to find out more about becoming a Stella Maris volunteer ship visitor. Julian Wong (Stella Maris Regional Port Chaplain for Felixstowe and the Haven Ports).

HOLY COMMUNION VIII

Last week in this series of articles on the Blessed Sacrament, written in preparation for the restoration of the Chalice to the Laity next Sunday, we began to think about our reception of the Blessed Sacrament. We recalled how that reception should be characterized by reverence and humility : 'Lord, I am not worthy that you should enter under my roof'.

We thought about our reception of the Host - about the correct way to receive the Host on the hand, and about why there are good reasons for receiving it on the tongue. Now we must think about our reception of the Precious Blood, although I don't think that there is very much that needs saying. Other, of course than that reverence and care should always be exercised, with a

mindfulness and a wonder that we should be bidden by Jesus to receive him in this way. That reverence leads us, of course, to take the merest sip from the Chalice. Just occasionally one does experiences someone 'taking a swig', as the expression is, and that is always distressing because it does not suggest that the reception of the Precious Blood in this way is reverend, nor that the sacredness of this encounter with Our Lord is being recognised.

When we thought initially about what is said in the *General Instructions* of the Roman Missal, we read that to receive **both** the Sacred Body and the Precious Blood of Jesus is a 'fuller sign' : one thing of which it is a sign is that the living Christ is being received - the Christ whose Precious Blood is not congealed as a in death, but flowing into us, to cleanse and renew us, to be truly life-giving. From next Sunday we will be able to receive under this 'fuller sign' the risen and glorified Christ.

THE NAVE WINDOWS

Last week another full window was sponsored, this time by a charitable Trust, and another donation of £500 was received. We are most grateful.

So where are we now? Well five and two-thirds windows have been sponsored, which leaves us with two and one-third to go. (Each window, you remember, is divided into three sections, or 'lights'.) Hopefully the remaining 'light' in the window of which two-thirds has already been sponsored will go soon, and then that leaves us with one full window, and one shorter window - the one over the Lady Chapel arch. I'm still waiting to know the cost of that short window : it will be somewhat less than the £8,118 for the full length windows, but will have the disadvantage that any inscription will be less easy to read, being rather higher up.

The glazier is making good progress with the creation of the new windows, and soon the opportunity to have an inscribed 'quarry'(diamond-shaped pane) will have past. It will still be possible to sponsor, but not to have an inscription. So if you are still thinking about sponsoring, please try to come to decision fairly quickly.