



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest The Very Revd. Canon John Barnes VF
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT
Tel.01394 282561 e-mail frjohnfelixstowe@gmail.com

Parish Website: stfelixfelixstowe.uk Helping Hands - 07342722521

July 30th, 2023 : 17th SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6:00pm Int. Patricia Dann
Sunday 10:00am Int. For the People
4:00pm (Convent) Int.

Weekday Masses

Monday ST.IGNATIUS LOYOLA
9:30am Int. Keiran Styring
Tuesday ST.ALPHONSUS LIGUORI
9:30am Int.
Wednesday FERIA
4.30am (Convent) Int.
Thursday FERIA
No Mass today
Friday ST.JOHN VIANNEY
11:30am Int. +Alf Croston
Saturday FERIA
9:30am Int. Kieran Styring
6:00pm Int. +Reg Bunt

The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon, Tues, Fri, & Sat..

Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am
Friday at Noon

Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at Noon (during Exposition)

The Mass today

Today the Chalice will be available to the people for the first time since the COVID lockdown and subsequent restrictions.

The readings can be found on p.108 of the Parish

Mass Book, and on p.748 of The Sunday Missal.
Hymns at 10.0am : 807, 721, 804

THIS WEEK

Monday 9.30am The Parents & Toddlers Group meets in the Hall.

Tuesday 10.45am The Catechism Group is now on holiday until the beginning of September.

Wednesday 4.30pm Mass at the Convent. Please note that this is on Wednesday rather than the usual Thursday this week, because Fr.John is taking his day off on Thursday, to attend the farewell party of a fellow priest.

PARISH NOTICEBOARD

Anniversaries this week

Christiane Taylor (2004), Maria Maher (2007), Rose Mulholland (2014), Sr. George Deane RJM (2008), Joan Jacobi (2012), Kathleen Dunne (2018), Enid Egan (2017), Peter Cuthbertson (2020), Dennis Jones (2000), Peter Newman (2006).

May they Rest in Peace.

Money Matters Last Sunday £367.27 was given at the Offertory and £7.00 for CAFOD.

World Youth Day Hamish, the Diocesan Youth Worker writes 'Please pray for the group of over 50 young people from East Anglia on pilgrimage at World Youth Day in Portugal culminating in Mass with Pope Francis. For the latest updates from the pilgrims please see www.rcdea.org.uk, twitter.com/RCEastAnglia and facebook.com/catholiceastanglia

The Parents and Toddlers Group Fr.John writes : The Group re-commenced last Monday, with a bumper attendance of thirty young children, plus Parents and Grandparents! The Hall was full to bursting, it was wonderful. But trying to cope with it all were just two people, Krystina our Leader, and Barbara Lamberton! I could do no more than look in for a few minutes because after Mass I had to go off to the Monthly Service at White Gables - I wanted to stay and help, but couldn't. Please, please can we have some volunteers to assist! It is such a potentially valuable contact between St.Felix' and the wider community, and also thoroughly enjoyable. It happens each Monday morning, 9.30am to Noon, and if a number of people volunteer we could have a rota. You won't be expected to sing and dance! - just help with the teas and coffees, be a welcoming presence, and help put things out and clear them away at the end. Best if you contact Krystina with offers of help (stfelixtoddlers@gmail.com), or mention it to Barbara Lamberton, Stephen Badcock, or myself if that is easier.

HOLY COMMUNION IX

Today we re-commence the administration of the Precious Blood at Mass, after a break of what - three years? We have prepared for this over some weeks by considering various aspects of the Blessed Sacrament and our Reception of it. We've thought, amongst other things, about how we speak about the Blessed Sacrament, how we prepare ourselves to receive it, about why the Church recommends our reception of both the Host and the Chalice, and how we actually take them. Our Bishop urged this catechesis, and we have followed his wise direction.

Last week, though, someone said to me very reasonably "But why do we need to receive the Precious Blood, when the risen, living, Christ is present in both elements?" Well of course that is true, and we continue to be free to receive under just 'one kind' if we wish to do so. But I think we just can't get around two things : First, the fact that Jesus said 'Eat this Bread', 'Drink this Cup' and Second, that He is wonderfully generous in offering to us not just his Sacred Body but also his Precious Blood - it shows how completely he

wants to give himself to us, and incorporate us into himself, now and for eternal life.

THE NAVE WINDOWS

In the course of the past week another full three-light window has been sponsored, and a donation of £200 has been made - both from generous parishioners. We are most grateful.

So now there is only one 'light' in a three-light window waiting to be sponsored (£2.800), plus the half-window above the arch leading into the Lady Chapel. I still haven't received a price for the latter from the glazier.

The response really has been remarkable : a small group of people have shown very great generosity. How fortunate we are! Now we are all looking forward to seeing the work completed : judging by the one window which has already gone in, the church will be flooded with light. Which, I suppose, will have the practical advantage that we will not need to burn so much electricity! - Daylight rather than electric light.

**PICTURE HERE
IN
HARD COPY**

For sale An unwanted vacuum cleaner. It has been gathering dust for years.