



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : The Very Revd. Canon John Barnes VF  
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT  
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**May 12th, 2024 : SEVENTH SUNDAY IN ORDINARY TIME**

## Sunday Masses

Saturday 6:00pm Int. For the People  
Sunday 10:00am Int. +Kevin Williams  
4:00pm (Convent) Int.

## Weekday Masses

Monday EASTER FERIA  
9:30am Int. +Alan Deveney  
Tuesday FEAST OF ST.MATTHIAS  
9:30am Int. +Agnes Curley  
Wednesday EASTER FERIA  
9:30am Int. +Kieran Styring  
Thursday EASTER FERIA  
4:30pm (Convent) Int.  
Friday EASTER FERIA  
11:30am Int. +Gary Jones  
Saturday EASTER FERIA  
9.30am Int. +Pauline Brannan  
6:00pm Int. For the People

## The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon, Tues, Wed, Fri.&Sat

## Exposition of the Blessed Sacrament

Tuesdays at 10.0am, Benediction at 10.30am  
Friday at Noon

## Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

The Rosary Friday at Noon (during Exposition)

## The Mass today

The readings can be found on p.273 of the Parish Mass Book, and on p.456 of The Sunday Missal.

Hymns at 10.0am : 268, 644, 627, 347

## THIS WEEK

**Monday** 9.30am The Parents and Toddlers Group meets in the Hall.  
10.30am The Finance Committee meets at the Presbytery.

**Tuesday** 10.45am The Catechism Group meets in the Cooper Room. This week we look at paragraphs 1533 to 1553.

**Next Sunday** is the Solemnity of Pentecost, the third most important day in the Church's Year.

## PARISH NOTICEBOARD

**Anniversaries this week** Madge Hallinan (2000), Mary Moore (2003), John Davy (2003), and Kathleen Dearnaly (2020). May they Rest in Peace.

**Money Matters** Last week £487.62 was given in cash at the Offertory, and £43.05 for CAFOD. Today there is a Retiring Collection for Catholic Communications.

## A Week on Tuesday.....

.....the Bishop is coming for our Confirmation. Six teenagers and one adult are to be confirmed, and I do hope that you will be there to support them, besides coming to welcome the Bishop to the Parish.

After the Confirmation there will be refreshments in the Hall. I wonder if anyone would like to contribute a few cakes or a plate of sandwiches? They would be gratefully received!

The Bishop has asked to meet with members of the Finance Committee at 5.0pm, and with

members of the Parish Council (those who usually or occasionally attend Parish Council Meetings) at 5.30pm – both meetings will be in the Cooper Room. Please will members of the Finance Committee and the Council make a special point of attending. It will look bad if only two or three answer the Bishop's request.

### **The Charity Auction on June 28th**

As offers of Promises and Items continue to come in, it is clear that we must be well organized. And so people who are so kindly giving an item or making a promise are asked to fill in a small paper giving details. These papers are on the table in the Porch, and should be returned to the Presbytery. Please will people who have offered a Promise or Item verbally, or in an e.mail, also fill one of these in one of these papers. It will be of the greatest help when we come to make up the catalogue for the Auction.

Meanwhile such useful promises as Three Hours DIY work in house or garden by a very competent man, and Two Hours Gardening by a professional gardener have been offered. Maybe there are more offers to come.....

**Mass for the Sick** I promised a new date for the Mass for the Sick : it is Tuesday, June 25<sup>th</sup>. The Sacrament for the Sick (anointing) will be available, and as usual an Afternoon Tea will be served afterwards.

### **OBLIGATION?**

Are you a parent? And if so has it ever arisen that you have asked your child to do something - something simple and sensible, to their own benefit and that of the wider family – and they have simply refused to do what you asked? I wonder how you felt, how reacted?

In the Catholic Church we have something called Holy Days of Obligation. They are a handful of very special days in the Church's Year, when the Church asks us to be at Mass. Days like Christmas Day, The Assumption, Corpus Christi, and -last week- Ascension Day. The Church asks us to come together to give thanks for these great events, these great showings of God love and purpose. Doing so deepens our own faith, and witnesses to the Faith too. It is a very reasonable

request which the Church makes, and one which one would expect the sons and daughters of the Church to be eager to agree to.

Last Thursday, Ascension day, there were three Masses in the Parish, and the attendance at each of them was very poor. The large majority of parishioners ignored the Church's request that we should be at Mass on that day. The Church's request was right and a reasonable. I think the refusal of so many was very sad.

### **MARIAN DEVOTIONS**

#### **II - REGINA COELI**

*Regina Coeli laetare, Alleluia!  
Quia, quem meruisti portare, Alleluia!  
Resurrexit, sicut dixit, Alleluia!  
Ora pro nobis Deum, Alleluia!*

Rejoice, Queen of Heaven, Alleluia!  
Because the One whom you were fit to  
bear, Alleluia!  
Has risen, just as he said, Alleluia!  
Pray for us to God, Alleluia!

This is the Anthem of Our Lady which we use during Eastertide – at the end of the Office of Compline each day, and at other times too. In some churches it is used at the end of Mass during Eastertide. It is also used in place of the *Angelus*, which we traditionally say at Mid-day and at 6.0pm each day, celebrating the Incarnation. Its catchy tune expresses the joy which Christians feel at the Resurrection of Jesus – his new life in which we share. It is not known who composed *Regina Coeli*, but it is thought to date from the twelfth century.

It reminds us of the great joy which Mary must have felt at that first Easter, after the profound sorrow of her Son's Passion and Crucifixion. It reminds us too of her role in God's plan, in bearing (giving flesh to) the Divine Word, and of her readiness to assist us by her prayers. How right it is that we should ask for those prayers! How much we need them!