



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest : The Very Revd. Canon John Barnes VF  
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT  
Tel.01394 282561 e-mail frjohnfelixstowe@gmail.com

Parish Website: stfelixfelixstowe.uk Helping Hands - 07342722521

## June 9th, 2024 : TENTH SUNDAY IN ORDINARY TIME

### Sunday Masses

Saturday 6:00pm Int. For the People  
Sunday 10:00am Int. + For D-Day Casualties  
Noon (Convent) Int.

### Weekday Masses

Monday FERIA  
9:30am Int. +Michael & Joan Hazell (FM)  
Tuesday ST.BARNABAS  
9:30am Int. +Fred Bantick (FM)  
Wednesday FERIA  
9:30am Int.  
Thursday ST.ANTHONY OF PADUA  
4:30pm (Convent) Int.  
Friday FERIA  
11:30am Int.  
Saturday FERIA  
9:30am Int.  
6:00pm Int. For the People

### The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon, Tues, Fri, & Sat.

### Exposition of the Blessed Sacrament

Tuesday at 10.0am Benediction at 10.30am  
Friday at Noon

### Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm, or by appointment.

### The Rosary Friday at Noon (during Exposition)

### The Mass today

The readings can be found on p. 92 of the Parish Mass Book, and on p.863 of The Sunday Missal.  
Hymns at 10.0am : 851, 721, 795, 799

### THIS WEEK

**Monday** 9.30am The Parents and Toddlers Group meets in the Hall.  
7.0pm A Meeting of the Parish Council in the Hall, to which all are invited. This will be the first Council meeting under the joint Chairmanship of Tom and Linda Jones – do come long to support them, to find out what is going on, and if you wish, to have your say!

**Tuesday** 10.45am The Catechism Group meets in the Cooper Room. This week we look at paragraphs 1572 to 1589.

**Thursday** 10.0am Fr.John,, with the other members of the Cathedral Chapter, celebrates Mass with the Papal Nuncio at St.John's Cathedral (This will be live-streamed.)

### PARISH NOTICEBOARD

**Anniversaries this week** Rita Phalas (2007), Ann Porter (2020), Nora O'Brien (2004), Michael Mc Keon (2013), Nora Liffen (2014), Mary Spillane (2004), and Sr.Campion Green RJM (2003). May they Rest in Peace.

**Money Matters** Last Sunday £393.30 was given in cash at the Offertory, and £17.80 for CAFOD.

**Sales Table** The first of Fr.John's Sales Tables will be operative today, in the Hall after Mass. If there is anything that you would like, do please take it, maybe leaving a contribution for AID TO THE CHURCH IN NEED in the bowl provided.

**The Auction** Which is on the 28<sup>th</sup> of this month. As you know it is a charity auction, a thanksgiving

on the part of the Parish for the new windows in the Nave. The two charities which will benefit are, you remember, *Mary's Meals* and *Let the Children Live!* – both charities helping deprived children to receive food and education. As already reported, some excellent Promises have come in for auction, and just a few Items. In the past week, however, the flow of Promises and Items seems to have dried up, and we do need rather more of both to make the Auction a success. Please can you think whether there is some service that you can offer, or some item which you can donate? It is in a good cause.

### ORDINARY TIME

Yes, in the liturgical year we are back in Ordinary time, and the colour green is once more in use. The demanding days of Lent are past, and likewise the joys of Eastertide. The great feasts of Pentecost, Holy Trinity, Corpus Christi, and the Sacred Heart of Jesus have been celebrated – although we do have the Solemnity of the Nativity of St. John the Baptist to look forward to (June 24<sup>th</sup>) and the Solemnity of St. Peter & St. Paul after that (June 29<sup>th</sup>). And then all too soon it will be high Summer, with the glorious Solemnity of Our Lady's Assumption.

But now it's Ordinary time – and so it will remain for many weeks. And of course much of our daily life is Ordinary time. We all look forward to special events and occasions in our life – holidays, birthdays, and whatever. But they are mere islands in the sea of our day to day living – our ordinary time.

It's in that ordinary time that our Christian discipleship is tested. Will we stand firm, will we remain faithful, in the humdrum days? Or will we tend to drift off, to lose our ardour, our enthusiasm for following the risen Christ? It's so easy to drift in the area of our spiritual life, easy to get slack over our daily prayers and our weekly Mass attendance. Easy, in fact, to get on to the slippery slope which will see us totally give up the practice of our religion. A life time's experience has convinced me that the only way to keep going in the testing, searching, ordinary time is by having fixed rules and to try to keep to them. Holy Church recognizes our need for guidelines, and so makes certain provision for us. The Church tells us firmly that we should be at Mass every Sunday

(without fail) and every greater holy day. It tells us that we should make our confession at LEAST once a year. It tells us that we should abstain from meat on Fridays, as a minimal form of self-denial. And best of all it points us to the example of Jesus, the one whom we are seeking to follow and indeed imitate. Jesus worshipped the Father, he prayed, and he fasted. Jesus practiced – entirely – what he preached : he was unfailingly kind and generous, always compassionate and understanding.

So back to the colour green which we use in church during Ordinary time. Green is the colour of life and of growth. We are seeking to live in and with Our Lord, and to grow in his likeness. Ordinary time is when we are tested, and when too we can grow. Now that the heady days of Eastertide and the great feasts which follow it are over, let's resolve to use our ordinary time to advance in our discipleship, and discover the happiness and contentment which comes from living close to Jesus.

PICTURE  
HERE  
ON HARD COPY

*The Walsingham Chapel in the North Transept of St. John's Cathedral, Norwich*