



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest Designate: Fr. Michael Smith  
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT  
Tel.01394 282561 e-mail: michael.smith@rcdea.org.uk

Parish Website: stfelixfelixstowe.uk Helping Hands - 07342722521

## 6<sup>th</sup> October 2024: 27<sup>th</sup> Sunday in Ordinary Time

### Sunday Masses

Saturday 6:00pm Int. *Pro Populo*  
Sunday 10:00am Int. +David Grayling  
12noon (Convent) Int.

### Weekday Masses

Monday Our Lady of the Rosary  
9:30am Int. +Bernadette Wood  
Tuesday FERIA  
9:30am Int. +John Brickwell  
Wednesday St John Henry Newman  
No Mass today  
Thursday St Paulinus of York  
4:30pm (Convent) Int.  
Friday Pope St John XXIII  
11:30am Int. +Josie Hatchett  
Saturday Our Lady on Saturday  
9.30am Int. +John Hatchett  
6:00pm Int.

### The Daily Office

Lauds (Morning Prayer) will be said a quarter of an hour before Mass on Mon, Tues, Fri & Sat

### Exposition of the Blessed Sacrament

Tuesday at 10.0am with Benediction at 10.30am  
Friday at Noon

### Sacrament of Reconciliation

Saturday 5.15pm to 5.45pm or by appointment.

### The Rosary

Friday at Noon (during Exposition)

### The Mass today

The readings can be found on page 140 of the Parish Mass Book.

The Hymns at 10.0am: 801, 600, 968, 406

### THIS WEEK

**Monday** 9.30am The Parents and Toddlers Group meets in the Hall

**Tuesday** 10.45am The Catechism Group meets in the Cooper Room. This week we will look at paragraphs 1724 to 1742.

### PARISH NOTICEBOARD

#### Anniversaries this week

Jane Reid (2015), Mary Krashaw (1995), Fred Barnett (2006), and Joe Bonner (2006).  
May they Rest in Peace.

#### Money Matters

Last Sunday £381.44 was given in cash at the Offertory, CAFOD £22.95.

#### 44<sup>th</sup> Annual Ride and Stride (14.9.24) In aid of the Suffolk Churches Trust

A total of 48 Riders and Striders, plus 1 Driver were welcomed to St Felix Church on 14 September (between 9am and 5pm). Thank you to all those who took part. All Sponsorship monies should be collected **as soon as possible please** and directed to Anne Poole for forwarding to the SCRS Treasurer. Half of the total money raised by participants will go to their nominated place of worship and the other half to the Suffolk Historic Churches Trust (excluding Gift Aid).

Many thanks and best wishes.

## Parliamentary vote on assisted suicide

Assisted dying, and euthanasia are likely to be debated in Parliament again over coming weeks and there may be a vote on assisted suicide before Christmas. Our Faith affirms the dignity of every human person and that innocent human life should be respected, valued and protected from conception to natural death.

To read what the Catholic Bishops of England & Wales say:

<https://www.cbcew.org.uk/unite-in-compassionate-action-to-oppose-assisted-suicide-says-bishop/>

For up-to-date news and more details:

<https://righttolife.org.uk/>

For actress Liz Carr's very interesting BBC documentary:

<https://righttolife.org.uk/betteroffdead?>

We can write to the Prime Minister and also to our own MPs about this issue expressing our views and reasons for opposing assisted suicide. In both cases, letters may be addressed to the individual concerned at:

The House of Commons, Palace of Westminster, London, SW1A 0AA.

## Induction Mass for St Felix' new Parish Priest – Fr Michael

This will take place on Monday 28<sup>th</sup> October at 7pm with Bishop Peter as the principal celebrant. Refreshments will follow in the Parish Hall.

## Ipswich Hospital Chaplaincy

If you or a family member or friend is in the hospital and would like support from the chaplaincy team, please refer by calling (01473) 704100 or emailing [chaplaincy@esneft.nhs.uk](mailto:chaplaincy@esneft.nhs.uk) and do inform them if the patient is a Roman Catholic.

## The Rosary

On 7<sup>th</sup> October we celebrate Our Lady of the Rosary. The *Catechism of the Catholic Church* (paragraph 2708) highlights that this method of prayer is one of the ways in which we can prayerfully meditate on the mysteries of Christ. When we do this, we are following the example of Our Lady who pondered the Word in her heart (Luke 2:51).

## St Teresa of Avila on Prayer

The 15<sup>th</sup> October is the feast day of St Teresa of Avila (also known as St Teresa of Jesus) who lived in Spain in the 16<sup>th</sup> Century and was – **and is** – a great teacher for us on prayer.

Teresa had a very attractive personality and enjoyed - and greatly valued - human friendship. She came to realise, however, that her greatest friend of all was Christ and she described prayer as 'taking time frequently to be alone with Him who we know loves us' (*Life*, Chapter 8, no. 5).

She wrote several books on prayer and the spiritual life including the *Interior Castle*, the *Way of Perfection* and the *Book of her Life*.

After her death a bookmark was found on which she had written:

*Let nothing disturb you.*

*Let nothing frighten you.*

*All things are passing away.*

*God never changes.*

*Patience obtains all things.*

*Whoever has God lacks nothing;*

*God alone suffices.*

Making time each day to be with this great friend of ours – Jesus Christ – is transformative. We ask St Teresa to pray for us that we will, throughout our lives, deepen our friendship with Christ so we can be transformed more and more, by his grace, into the people he wants us to be.