



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest: Fr. Michael Smith
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT
Tel.01394 282561 e-mail: michael.smith@rcdea.org.uk

Parish Website: stfelifelixstowe.uk NEW Helping Hands - 07770768168

30th March 2025 – 4th Sunday of Lent (Laetare/Mothering Sunday)

Sunday Masses

Saturday 6.00pm Int. *Pro Populo*
Sunday 10.00am
Int.+Claudia Maria Martinez Tito
12 noon (Convent)

Weekday Masses

Monday LENT FERIA
9.30am Int. +May Horrocks
Tuesday LENT FERIA
9.30am Int. Kathleen Major
7pm Mass at 4 Pretymann Rd. IP112DU
Wednesday LENT FERIA
No Mass today
Thursday LENT FERIA
No Mass today
Friday LENT FERIA
11.30am Int. +Hazel Athurton
Saturday LENT FERIA
9.30am Int.
6.00pm Int. *Pro Populo*

The Daily Office

Lauds (Morning Prayer) will be said quarter of an hour before Mass on Mon, Tue, Fri & Sat

Exposition of the Blessed Sacrament

Tuesday at 10am with Benediction at 10.30am
Friday from noon

The Rosary

Friday at Noon (during exposition)

Sacrament of Reconciliation

- Saturday 5.15pm to 5.45pm
- Tuesday at 10am (during exposition)
- Or... by appointment

The Mass today

The Hymns at 10am: 356,659,967,365

THIS WEEK

Monday The Parents and Toddlers Group meets in the Hall at the new time of 10-11.30am.
Tuesday 10.45am The Catechism Group meets in the Cooper Room and will be considering paragraphs no. 2221 and following.

PARISH NOTICEBOARD

Anniversaries around this time and this week
John Mitchell (2015), Sr Immaculata Morrissey (2018), Laura Piper (1995), Eileen Wilson (2008), Evelyn Crowley (1996), Peter O'Connor (2013), William Twomey (2015) and Fr Denis Brophy (1992).

May they Rest in Peace.

Prayers for the sick

Please remember all those who are sick at this time including: the sisters at the Convent of Jesus and Mary who are unwell, along with Betty Fisk, Ann Haines, Helen Shayle, John Smith, Di Thomas, Bernadette and Keith Thomson and Chris Watts among many others.

Ipswich Hospital Chaplaincy - If a loved one is in hospital – please let the Chaplaincy know - (01473) 704100/chaplaincy@esneft.nhs.uk and inform them you are a Catholic.

Money Matters

Last Sunday's collection was £440.33 given in cash at the Offertory, CAFOD £30, and Second Collection for the National Shrine in Walsingham £152.30. The above figures are in addition to standing orders and DONA machine offerings.

Do you need a lift to mass?

Please contact **Helping Hands** on 07770768168 to request a lift to church.

LENT at St Felix

**DAY by DAY Lenten Puzzle Books
for Children** - Available in the Church Porch
'House Masses' during Lent

These will be at the following locations and times –
All welcome!

- Tues 1st April – 7 pm – 4 Pretyman Road, Felixstowe IP11 2DU
- Tues 8th April – 7 pm – 295A High Road, Trimley St Martin IP11 0RJ

Lenten Reading Group – Thursday evenings

From *13th March at 7 pm* for five consecutive Thursdays in the Presbytery. We will be reading:
The Joy of God - Sr Mary David Totah (*Bloomsbury*)

Lenten Soup Lunches on Fridays

Simple soup 'hunger' lunches will be served after the 11.30 am morning mass in the Hall – in aid of CAFOD. Phone Kate if you can help

Stations of the Cross on Sunday afternoons

At 3pm every Sunday during Lent at St Felix.

Reconciliation Service – Tues 8th Apr - St Felix

At 2.30 pm - with 2 visiting priests & Fr Michael - available to hear individual confessions.

St Felix Facebook Page

Does anyone know who created the parish Facebook page and, if so, are they still in the Parish? Please contact Fr Michael with any information – many thanks.

Web designer wanted!

If you are a web designer, live in this parish and would like to help re-design our parish website - we'd be delighted to hear from you! Please contact Fr Michael. Thank-you.

Missio Red Boxes

These will be exchanged at both masses at St Felix on 5/6th April. If not convenient please contact Barbara Lamberton

Thinking of Getting Married at St Felix?

Contact Fr Michael to ask about Marriage Preparation.

Faith Music Camping Entertainment...

The Ignite Catholic Youth Festival takes place this year - for those in years 8 to 13 - at St Benedict's Catholic School, Bury St Edmunds.
www.ignitefestival.co.uk.

If travel is a problem why not call our Parish *Helping Hands* on 07770768168 who may be able to organise a lift for you - there and back!

Radio Maria Daily Lenten Reflections...

<https://radiomariaengland.uk/>

Defend your faith...

A series of short answers to potential criticisms of the Catholic Faith. They provide a short reply which you may find helpful when discussing or sharing your faith with friends, family and others...

...

Catholics seem to rely a lot on tradition whereas Protestants look mainly to scripture. You cannot both be right!

Reply: While scripture is of great importance to us, we should bear in mind that writings are limited to their time and cannot capture everything about the Christian communities involved or how their oral traditions were passing beliefs to the next generations.

With the guidance of the Holy Spirit new insights into the truth have been revealed to the Church throughout the centuries e.g. the doctrines of the Trinity and the two natures of Christ.

Beliefs that emerge over time almost always have a link back to how our ancestors sought to understand scripture. All scripture is interpreted in the light of a tradition facing the challenges of the age. Our faith forms part of a living community that is continually evolving and not limited to the written word.