



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest: Fr. Michael Smith
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT
Tel.01394 282561 e-mail: michael.smith@rcdea.org.uk

Parish Website: stfelfelixstowe.uk NEW Helping Hands - 07770768168

Sunday 14th September 2025 – Exaltation of the Holy Cross (24th Week in Ordinary Time)

Sunday Masses

Saturday 6.00 pm Int. *Pro Populo*
Sunday 10.00 am Int. + Deceased clergy
of St Felix Parish
12noon (Convent) Int.

Weekday Masses

Monday Our Lady of Sorrows (MEMORIA)
9.30am Int. +Holy Souls
Tuesday Ss Cornelius & Cyprian (MEMORIA)
9.30am Int. +Sick members of our Parish
Wednesday FERIA
No Mass today
Thursday FERIA
4.30pm Int. (Convent)
Friday St Theodore of Cant'bury (MEMORIA)
11.30am Int.
Saturday St Andrew Kim & Comps (MEMORIA)
No Mass this morning
6.00pm Int. *Pro Populo*

The Daily Office

Lauds (Morning Prayer) will be said quarter of an hour before Mass on Monday, Tuesday and Friday.

Exposition of the Blessed Sacrament

Tuesday at 10am
Friday at 12noon

The Rosary

Fridays 12noon (during exposition)

Sacrament of Reconciliation

- Saturday 5.15pm to 5.45pm
- Tuesday 10am (during exposition)
- Or... by appointment

The 10am Sunday Mass today

Numbers 725,721,697,801.

Our sung Gloria will be **498** as usual

THIS WEEK

Monday: *St Felix Toddlers* – Our Parents & Toddlers Group meets in the Hall **10-11.30am**
Tuesday: *The Catechism Group* meets in the Cooper Room at **10.45am**.

Anniversaries around this time/this week

Gertrude Rogers, Thomas Golding, Felix Shaw (2000), Monica Barsby (2008), Rosemary Goose, Norah Devaney, Michael Key (2001), Annie O'Hagan (2003), Patrick O'Reilly (2000), William Keane (2009), Francis Benson, Maria Soames, Walter Mills, Sr Anthony Timlin, Olive Herlihy, Sheila Etherington (2017), Frederick Moyes, Marjorie Atkinson (2002) and Christine Searle (2013). *May they Rest in Peace*

Ipswich Hospital Chaplaincy - If a loved one is in hospital – please let the Chaplaincy know - (01473) 704100/chaplaincy@esneft.nhs.uk and inform them you are a Catholic.

Prayers for the sick

We remember all the sick: any sisters at the Convent of Jesus & Mary who are unwell, along with Betty Fisk, Ann Haines, Maria Maltby, Margaret Nelson, David Pitt, Helen Shayle, Di Thomas, Bernadette & Keith Thomson, Chris Watts, and John Whelan among many others.

MONEY MATTERS

The Sunday collection for the 7th September was £378.70 given in cash and CAFOD £18.40. These figures are in addition to standing orders and DONA machine offerings.

SECOND COLLECTION – TODAY

This Sunday (14th Sep) is *Education Sunday* and so there is a second collection in support of the *Catholic Education Service*.

Young Leaders Formation...

The *Ignite Team* is excited to be launching a Young Leaders formation initiative, specifically for those aged 16 - 22 who want to be empowered for mission and equipped to serve other young people in the diocese. The launch weekend is 17th - 19th October held at Clare Priory. For more information, please see www.rcdea.org.uk/youth

FIRST HOLY COMMUNION 2026

If there are any parents who would like their children to make their first Holy Communion next summer please contact Fr Michael. To be enrolled in the program at St Felix, the children should be in year 3 or above at school and regularly attend mass at St Felix
We look forward to hearing from you!

A BIG THANK-YOU...

Many thanks to everyone who participated in our International Mass last Sunday and also to those who came along to the bring -and- share lunch that followed in the Hall.

As always... a big thank you to all those who help to prepare the Church for our celebrations and those who helped to make our Sacred Liturgy go so well. Thank you to our musicians and singers for their dedication in providing the wonderful music and singing in the various languages!

And last - but not least - a very big thank you to the dedicated team who helped to coordinate, set up and prepare the catering on the day and all those who stayed behind at the end to clear up! Many thanks indeed for your generosity and hard work – it is very much appreciated!

Retreat Day - Saturday 20th September (10.30am - 2.30pm)

*Led by Sr Sheila Gosney RJM
With a focus on spiritual growth
using 'The cup of our life' by Joyce Rupp
Convent of Jesus and Mary, 63 Orwell Road,
Felixstowe IP11 7PY.
Please bring own lunch - teas/coffees provided.
New attendees very welcome!*

Defend your faith...

A series of short answers to potential criticisms of the Catholic Faith which may be helpful when discussing/sharing your faith with others...

How can we believe in guardian angels in this day and age?

Reply: Belief in angels can be found in antiquity among pagans, neo-Platonists, Babylonians and Assyrians. Acceptance of their existence is an article of faith in Islam and they appear in the Old Testament. In the New Testament Gabriel explains to Our Lady about the incarnation, while angels spoke to the first visitors to Jesus' empty tomb. Jesus spoke on several occasions about angels including once when he said children had angels. St Paul mentions them in his letters. And, of course, satan was a fallen angel. As regards wings, they only appeared in art from the third century!

.....
Catholics worship icons and statues. Is that not idolatry which breaks one of the Ten Commandments?

Reply: We do not worship icons and statues. We use them as visual aids to help us focus on the originals of what they are representing. If we had to get rid of all visual help, we would have no crucifixes in church or stations of the cross on the walls. If you see us bowing before a cross or a statue of a saint or Our Lady, we are not bowing to the man-made structure but to God or the Holy

Radio Maria

<https://radiomariaengland.uk/>

'At a time when mainstream media is closing in, building higher walls, and perfecting the art of distraction, Catholic media is one of the last remaining doorways out.' - Fr Toby Lees OP

If you haven't already tuned-in to *Radio Maria* – maybe it's time to give it a go...