



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest: Fr. Michael Smith OCDs

The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT

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Parish Website: stfelixfelixstowe.uk NEW Helping Hands - 07770768168

FIFTH SUNDAY in ORDINARY TIME, 8th FEBRUARY 2026 (DAY of PRAYER for VICTIMS of TRAFFICKING)

Sunday Masses

Saturday 6.00pm Int. *Pro Populo*
Sunday 10.00am Int. +John Battersby
12noon (Convent 63 Orwell Rd)

Weekday Masses

Monday FERIA
9.30am Int. +*Edward MulQueen*
Tuesday St Scholastica (MEMORIA)
9.30am Int. +*Karen Thomson and*
+*Margaret, Alexander & Joseph Greene*
Wednesday FERIA
11am Requiem +**Sr Nuala Kelly RJM**
Convent 63 Orwell Road
Thursday FERIA
4.30pm (Convent 63 Orwell Rd)
Friday FERIA
11.30am Int. +*Leueen Hill*
Saturday Saints Cyril & Methodius (FEAST)
9.30am
6.00pm Int. *Pro Populo*

The Daily Office

Lauds (Morning Prayer) will be said quarter of an hour before Mass on Mon, Tues, Fri and Sat.

Exposition of Bl. Sacrament & Benediction

Tuesday from 10am

Friday from 12noon

The Rosary

Friday at Noon (during exposition)

Sacrament of Reconciliation

- Saturday 5.15pm to 5.45pm
- Tuesday 10am (during exposition)
- Or... by appointment

Hymns at 10am Mass today

Nos: 934, 913 722.

Monday: St Felix Toddlers – meets in the Hall 10-11.30am A group for bumps, 0-5s and their adults. £1 donation per family. No need to book, just turn up! Teas and coffees for the adults (feel free to bring snacks for your little ones but please try to avoid major allergens).

Tuesday 10.45am The Catechism Group meets in the Cooper Room.

Anniversaries around this time/this week

John Coppen, Jean Evans (1996), Mary Sanford (2002), William Pipe (2006), Thomas Brazier (2024), Perfitt Burgess, Margaret Mason, Marjorie Dawson, Sydney Jennings, James Hockley, Emily Crouch, Lucy Rickarby, Mary Robinson, Mary Drouet (2003), Tori-Anna Williams (2004), Joan Nelson (2014), Henry Dukes (2004), Sr Stanislaus Scully, Daisy Curry, Clesby Cooper, Alfred Bailey, John Battersby (2015), Cyril Keeble (2017), Frances Brooks (2021) *May they Rest in Peace and Rise in Glory*

Prayers for the sick

We remember any sisters at the Convent of Jesus & Mary who are unwell, also... Betty Fisk, Ann Haines, Margaret Nelson, Helen Shayle, Di Thomas, Bernadette & Keith Thomson, Chris Watts, John Whelan and many others...

Prayers for Fr Peter Leeming

Fr Peter was the Parish Priest here (1985-1993). He has recently been in hospital – please remember him in your prayers.

Parish Book Group

Our next meeting will be Thursday 12th February and – among other things - we will be sharing our thoughts on the message of *Julian of Norwich*.

Ipswich Hospital Chaplaincy - If a loved one is in hospital – please let the Chaplaincy know - (01473) 704100/chaplaincy@esneft.nhs.uk and inform them you are a Catholic.

MONEY MATTERS

The Sunday collection for the 1st February 2026 (Fourth Sunday in Ordinary Time) was £422.75 given in cash, CAFOD was £20.60. All these figures are in addition to standing orders and DONA machine offerings.

MODERN SLAVERY in EAST ANGLIA

This SUNDAY, 8TH FEBRUARY, we pray for the **VICTIMS OF TRAFFICKING AND SLAVERY** and for their rescue. We celebrate the **FEAST OF ST. JOSEPHINE BAKHITA**, a Sudanese woman who was canonized by Pope St John Paul II in 2000. She was sold into slavery, rescued and then became a nun in Italy. The number of enslaved souls currently **estimated** to be living all around East Anglia is 5,000. Pope Francis wanted us to "find" enslaved people. All that means is learning (simply) to spot the signs and safely report **any** concerns to the Modern Slavery Helpline 08000 121 700.

The group of Diocesan Freedom Watchers is looking for your help in a number of ways.

Contact john_simong@hotmail.com

Search "RCDEA slavery" to learn more and **how** you can help. All you need is a desire to end slavery.

Missio Red Box Charity

I have been Local Secretary for *Missio* since 2012 and I would like to retire. If anyone is willing to take over I will be glad to work with them. The Red Boxes are emptied in April & October. The money is paid in to the Nat-West Bank/Post Office and receipts issued to Box Holders. An end of year return is sent to Head Office. If anyone is interested please see me. **Barbara Lamberton**

Children's Start-of-Lent Event

All the children of the parish are invited to a special afternoon of activities and crafts on Saturday 21st February 2-4pm to mark the beginning of Lent. The afternoon will finish with a short service and refreshments.

Rachel's Vineyard

Are you or someone you know hurting from past abortion(s)? *Rachel's Vineyard* is a healing ministry for those who are suffering from the trauma of abortion.

The healing weekends offer a supportive, confidential and non-judgemental environment where women and men can deal with painful post-abortive emotions and receive healing.

The next Rachel's Vineyard retreat weekend in our diocese will take place on March 6th – 8th 2026. With booking now open and a limited number of places, it is advisable to book early. For more information about this retreat or to arrange a time to chat please send an email to

suffolk@rachelsvineyard.org.uk.

Further information about Rachel's Vineyard or to find out about other retreat dates and locations please visit:

<https://www.rachelsvineyard.org.uk>

SIX *online* BIBLE STUDIES ON THE LENTEN SUNDAY GOSPELS

Mauro Iannicelli will break-open the forthcoming Lenten Sunday Gospels with in-depth teaching and stimulating questions. Starts: Tues 17th February, 2026 @7pm
Six consecutive Tuesdays: 17 Feb, 24 Feb, 3 Mar, 10 Mar, 17 Mar, 24 Mar (7-8:15pm).
Free of Charge - LIVE on YouTube. Registration: comeandsee.org/lent26

The CELEBRATE 2026 Lent Family Activity Pack and game are out now!

Please see the link below for more details about the *Celebrate Trust*

<https://www.celebratetrust.org/> and here:

<https://www.celebratetrust.org/onlinefamilyactivitypacks>

for the Family Lent Pack