



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest: Fr. Michael Smith OCDS

The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT

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Parish Website: stfelixfelixstowe.uk NEW Helping Hands – 07770768168

The Roman Catholic Diocese of East Anglia is a registered charity No.278742

FIFTH SUNDAY of LENT – 22nd MARCH 2026

Sunday Masses

Saturday 6pm +*Alicje Rdzanek*
Sunday 10am *Pro Populo*
12noon (Convent)
3pm Stations of Cross at St Felix

Weekday Services

Monday LENT FERIA
7 – 8am Exposition of the Blessed
Sacrament with Silent Prayer
11.30am **Funeral Requiem Mass**
+*Tess Battersby*
Tuesday LENT FERIA
9.30am **Mass** +*Michael Butterworth*
Wednesday The Annunciation of the Lord
(SOLEMNITY)
9.30am **Mass** +*May Horrocks*
Thursday LENT FERIA
4.30pm **Mass** (Convent)
Friday LENT FERIA
No Mass today
Saturday LENT FERIA
No Mass this morning
6.00pm **Mass** *Pro Populo*

The Daily Office

Lauds (Morning Prayer) will be said quarter of an hour before Mass on Tuesday only this week.

Exposition of Bl. Sacrament

Mondays in Lent – 7am to 8am
Tuesday from 10am

Sacrament of Reconciliation

- Saturday 5.15pm to 5.45pm
- Tuesday 10am (during exposition)
- Or... by appointment

Hymns at 10am Mass today

Nos: 212,204,629,302.

Monday: There will be NO St Felix Toddlers group this week due to the funeral on Monday

Tuesday: 10.45am The Catechism Group meets in the Cooper Room.

Friday: CAFOD Hunger Lunch from 12 noon. Delicious home-made soups! All welcome!

Anniversaries around this time/this week

Sr Aloysius Bracken, Lois Lazell, Sr Ethna McAndrew (1994), Frederick Sykes (2007), Donovan Stocker (2012), Norman Sidney Cawston (2018), Sr Francis Borgis Coucke, May Horrocks (2025), Frederick Symes (2007), Elsie Fenton, Fr William Cooper, Fr Augustine Berrell, Adeline Fuller, Mabel Courtney, Sr Vincent Fitzgibbon, Peter Goggins (1998), Pamela Vickers (2020), Sr Louise Bourke (2017), Margaret Bennett (2005), Maisie Moyes, Leslie Saywell, Derek Curry, Lindsay Campbell, Anne Grantham, Rose Cotton, Catherine Frayling, Cyril Brown, Nicholas Aylward, Norah Sugden and Harry Butters (2005)
May they Rest in Peace and Rise in Glory

Prayers for the sick

We remember any sisters at the Convent of Jesus & Mary who are unwell, also... Betty Fisk, Ann Haines, Margaret Nelson, Helen Shayle, Di Thomas, Bernadette & Keith Thomson, Chris Watts, John Whelan and many others...

Ipswich Hospital Chaplaincy - If a loved one is in hospital – please let the Chaplaincy know - (01473) 704100/chaplaincy@esneft.nhs.uk and inform them you are a Catholic.

Safeguarding & Toilets: Please be mindful that children should not visit the toilet facilities unless accompanied by their parents/carers.

MONEY MATTERS

The Sunday collection for the 15th March 2026 (Fourth Sunday of Lent) was £352.06 given in cash, CAFOD £7.90. All these figures are in addition to standing orders and DONA machine offerings. Hunger Lunch for CAFOD: £188.95.
Second Collection today (21/22 Mar) will be for Aid to the Church in Need (ACN)

Looking ahead to Holy Week...

A list for volunteers for foot washing at the Maundy Thursday Mass at St Felix (7.30pm) is on top of the hymn book table at the back of Church – please sign up if you can. Thank you.

There will be watching at the Altar of Repose after Mass on Maundy Thursday at St Felix from 9pm to 11pm. Please sign up on the list (if you can - for half an hour) on top of the hymn book table at the back of Church.

Thank you.

Children and Holy Week

Palm Sunday 10am Mass. All children are invited to bring small leafy branches or banners to carry in the procession around the church. The banners could read, for example, “Hosanna” or “Hurrah for Jesus” or “Jesus, we love you” or something similar.

Wednesday 1st April from 2-4pm. An afternoon of activities to help the children learn about the events of Holy Week.

Good Friday at 10am. Stations of the Cross adapted specially for children. **All welcome!**

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**Half-day Recollection at St Pancras Church
Ipswich IP4 1BD - Monday 23rd March**
For women 2-4pm. For men 6.30pm for 7-9pm. Will include Rosary, Guided Prayer, Confessions and Benediction. Please contact Kate Williams for more details.

Inviting ALL young people in Year 8 upwards to the **Ignite Festival** 2nd – 3rd May 2026

Come and experience your faith in a dynamic way at the **Ignite Festival!** The weekend will include inspiring talks, passionate prayer, live music, and lots of fun stuff! Followed by the opportunity to join the Diocesan Pilgrimage to Walsingham on Bank Holiday Monday May 4th. See www.ignitefestival.co.uk for more information.

Book before March 30th for Early Bird Prices!

AID TO THE CHURCH IN NEED (ACN)

“I can do all things through Christ who strengthens me.” — Philippians 4:13

Throughout history, men and women have found extraordinary courage through their faith in Jesus Christ. This display (in St Felix Church Hall) celebrates that courage—seen in quiet resilience, steadfast hope, and the simple but powerful choice to stand for truth, compassion, and freedom.

Today, millions of people across the world still face discrimination or violence because of their faith. Their strength echoes the witness of the early Church: a courage rooted in love, not fear.

This connects with *Article 18* of the *Universal Declaration of Human Rights*, which protects the fundamental freedom of thought, conscience, and religion—including the freedom to believe, to worship, to change one’s faith, and to live openly according to one’s beliefs.

As Christians, we are invited to stand alongside all who are denied this basic right. If you would like to support the movement defending and promoting *Article 18*, or learn more about how people of faith are being supported internationally, please add your name to the sign-up sheet or speak to me directly. Together, we can be a voice for those who cannot speak freely.

May we draw renewed courage from Christ, and may His light strengthen all who suffer for their faith.

kindest regards, Aloma Do Rozario
(ACN Community Outreach Manager South-east)

ACN’s display will be in the Church Hall after all masses and Aloma will speak about the work of ACN after all masses this weekend.