



# PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest: Fr. Michael Smith OCDS  
The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT  
Tel.01394 282561 e-mail: michael.smith@rcdea.org.uk  
Parish Website: stfelifelixstowe.uk NEW Helping Hands - 07770768168

**The Roman Catholic Diocese of East Anglia is a registered charity No.278742**

## 29<sup>th</sup> March 2026 – Palm Sunday of the Passion of the Lord

### Sunday Masses

Saturday 6pm *Pro Populo*  
Sunday 10am +*Rudolf Belšak*  
12 noon (Convent)

### Weekday Masses and other services

Monday of HOLY WEEK

7 – 8am Exposition of the Blessed  
Sacrament with Silent Prayer

9.30am +*Thomas Plane*

Tuesday of HOLY WEEK

11.30am **The Chrism Mass** at St John the  
Baptist Cathedral in Norwich

Wednesday of HOLY WEEK

**No Mass today**

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### MAUNDY Thursday

7.30 pm **Mass of the Lord's Supper with  
watching till 11pm ending with  
*Compline* (Night Prayer)**

### GOOD Friday

10 am **Children's Stations of the Cross**  
3 pm **Celebration of the Passion of the  
Lord**

### HOLY Saturday

3 pm **Blessing of the Easter Food**  
8 pm **Easter Vigil and First Mass of  
Easter** (*Pro Populo*)

### EASTER Sunday

10 am **St Felix** *Thanksgiving for  
Ann, John Barrett and Sean*  
12 noon **Convent**

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### The Daily Office

*Lauds* (Morning Prayer) will be said a quarter of  
an hour before Mass on Monday only this week.

### Sacrament of Reconciliation

- By appointment only this week

### The Mass today

The Hymns at 10am: 230,752,320,229

**Tuesday: 10.45am** The Catechism Group  
meets in the Cooper Room.

**Friday: CAFOD** Hunger Lunch from 12 noon.  
Delicious home-made soups! All welcome!

### Anniversaries around this time and this week

John Simmons (1995), John Crane, Leslie Styles  
(2004), Charles Pritchard, Mary Grayling,  
Claudia María Martínez Tito (2024), John  
Mitchell (2015), Sr. Immaculata Morrissey  
(2018), Sr. Benedict Mary Journing (2025),  
Emma Root, Hilda Robinson, William Hooper,  
Leo Mason, Laura Piper (1995), Eileen Wilson  
(2008), Evelyn Crowley (1996), Peter O'Connor  
(2013), Margaret Leckie (2025), William  
Twomey (2015), Ida Whiting, Ella Ball, Agnes  
Drogan. *May they Rest in Peace.*

### Prayers for the sick

We remember any sisters at the Convent of Jesus  
& Mary who are unwell, also... Betty Fisk, Ann  
Haines, Margaret Nelson, Helen Shayle, Di  
Thomas, Bernadette & Keith Thomson, Chris  
Watts, John Whelan and many others...

**Ipswich Hospital Chaplaincy** - If a loved one is  
in hospital – please let the Chaplaincy know -  
(01473) 704100/[chaplaincy@esneft.nhs.uk](mailto:chaplaincy@esneft.nhs.uk) and  
inform them you are a Catholic.

### MONEY MATTERS

The Sunday collection for the 22<sup>nd</sup> March 2026  
(Fifth Sunday of Lent) was £544.30 given in  
cash, CAFOD £195.03. Second Collection for  
*Aid to the Church in Need (ACN)* was £471  
All these figures are in addition to standing  
orders and DONA machine offerings.

### GOOD FRIDAY COLLECTION

Every year there is a collection on Good Friday  
for the Holy Places in the Holy Land, but this  
year it is of even more critical importance.  
Please give generously to the collection this year  
at the Good Friday service. Many thanks!

## ***Aid to the Church in Need (ACN)***

Aloma do Rozario from ACN who visited us last weekend sends her thanks and if anyone would like to send feedback or comments or find out more about ACN or the Article 18 campaign please contact: [aloma.dorozario@acnuk.org](mailto:aloma.dorozario@acnuk.org)

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## **Volunteers for Maundy Thursday...**

A list for volunteers for foot washing at the Maundy Thursday Mass at St Felix (7.30pm) is on top of the hymn book table at the back of Church – please sign up if you can. Thank you.

There will be watching at the *Altar of Repose* after Mass on **Maundy Thursday** at St Felix from 9pm to 11pm. Please sign up on the list (if you can – for half an hour) on top of the hymn book table at the back of Church.

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## **Children and Holy Week**

Wednesday 1st April from 2-4pm. An afternoon of fun activities and craft to help the children learn about the events of Holy Week. Friends can come too!

Good Friday at 10am. Stations of the Cross adapted specially for children. Adults welcome too!

The Easter Day by Day puzzle books for children are available in the porch of the church.

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**The Chrism Mass** will be on Tuesday 31<sup>st</sup> March at 11.30am at St John the Baptist Cathedral in Norwich. If you wish to attend – please get there early to ensure a good seat and parking.

**Churches Together Felixstowe** - Joining with our fellow Christians in the town - in witness - on **Good Friday – 11 am at the Triangle.**

## **Traditional Blessing of Easter Food**

On Saturday 4th April at 3pm at St Felix

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## **THE EASTER TRIDUUM**

The Sacred Paschal Triduum - the three days which begin on the evening of *Maundy Thursday* and continue through *Good Friday* & *Holy Saturday* to Easter Sunday form a special time in which the Church celebrates the greatest mysteries of our redemption. By means of

the Sacred Liturgy on those days – the saving acts of Jesus - his passion, death and resurrection - are celebrated and made present to us. We open our hearts to receive the graces he wishes to give us!

**Maundy Thursday** is when we celebrate the evening Mass of the Lord's Supper. It was at the Last Supper that the Holy Sacrament of Christ's Body and Blood - the Holy Eucharist - was instituted. Through the washing of his disciples' feet – Jesus teaches us the way of humble service of one another. We are also invited at the end – to go with Jesus to the garden (*Altar of Repose*) and to watch and pray with Him.

**Good Friday** At 3 o'clock in the afternoon we gather for the Celebration of the Lord's Passion. A service which both begins and ends in silence. We listen to the reading of the Passion from St John's Gospel and we venerate the Holy Cross through which Jesus has redeemed the world. We then receive the Body of Christ in Holy Communion – carried to us from the *Altar of Repose*.

**Easter Vigil and First Mass of Easter** This begins outside the Church in the darkness of Holy Saturday evening – the most important night of the Christian Year - when the Easter Candle – symbol of the Risen Christ – is lit and its light brought into the Church.

A solemn vigil follows as we hear - through readings from the Scriptures – the wonderful story of our salvation. Lastly, we hear the Gospel proclaimed - with an account of one of the appearances of Jesus after the resurrection.

We renew our baptismal commitment and are blessed with the newly-blessed water of Easter. It is often the night when someone is received into the Catholic Church.

Finally, we celebrate the first Mass of Easter.

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**Parish Book Group** - Thurs 16<sup>th</sup> April at 7pm in the Cooper Room. We aim to share insights from our spiritual reading in the Easter Season along with anything else you may wish to share.

*We look forward to seeing you there!*