



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest: Fr. Michael Smith OCS

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Parish Website: stfelixfelixstowe.uk NEW Helping Hands - 07770768168

The Roman Catholic Diocese of East Anglia is a registered charity No.278742

26th JULY 2026 – 17TH Sunday in Ordinary Time

(World day of prayer for Grandparents and the Elderly)

Sunday Masses

Saturday 6pm +Carol Prentice

Sunday 10.00am *Pro Populo*

12noon (Convent)

Weekday Services

Mon 27th FERIA

9.30am mass +May Horrocks

Tues 28th FERIA

9.30am mass +Karen Thomson & Peter,

Samuel, Mary & Keith Thomson

Wed 29th Ss. Martha, Mary, Lazarus (Memoria)

No mass today

Thurs 30th FERIA

4.30pm mass at Convent

Fri 31st Ignatius Loyola (Memoria)

9.30am mass Blodwyn & Kevin Greene

11.15am Funeral Service for

Carol Prentice

Seven Hills Crematorium

Sat 1st August St. Alphonsus Liguori (Memoria)

9.30am +Rosemary Bantick (F)

6.00pm mass *Pro Populo*

Lauds (Morning Prayer) will be said 15min

before Mass on Mon, Tue, Fri & Sat.

Exposition of the Blessed Sacrament

Tuesday at 10am

Sacrament of Reconciliation

- Saturday 5.15pm to 5.45pm
- Tuesday 10am (during exposition)
- Or... by appointment

The Hymns at 10am Mass on 26th July:

725, 873, 874, 945

Mondays: St Felix Toddlers – meets in the

Hall 10-11.30am. For bumps, 0-5s & adults.

Bring snacks but please avoid major allergens.

Tuesdays: 10.45am The Catechism Group

meets in the Cooper Room.

Anniversaries around this time

Arthur Hayes (1996), James Shevlin (2011), Roy Fenton (2001), Patrick Lillis, William Martin, Ronald Hockery (2002), Antony Reilly-Mead, Luke O'Brien, Carole Sorchilla, Martin Read, Ann Hurley (1996), Margaret MulQueen (2025), Rowland Ring, Edward Kenneth Richards, Wilhelmina O'Keefe (1994), Sr Philomena Dalton, Christiane Taylor (2004) and Maria Maher (2007).

May they rest in Peace

Prayers for the sick We remember any sisters at the Convent of Jesus & Mary who are unwell, also Betty Fisk, Ann Haines, Margaret Nelson, Catherine Richardson, Helen Shayle, Di Thomas, Bernadette & Keith Thomson, Chris Watts, John Whelan & many others...

Ipswich Hospital Chaplaincy - If a loved one is in hospital – please let the Chaplaincy know - (01473) 704100/chaplaincy@esneft.nhs.uk.

Safeguarding & Toilets: Please be mindful that children should not visit the toilet facilities unless accompanied by their parents/carers.

MONEY MATTERS

The collection for the 19th July 2026 (16th

Sunday in Ordinary Time) was £403.34.

CAFOD was £1.45.

You can donate to our Parish here...

Thank you!



Rev Deacon David Croucher

A very warm welcome this weekend to Deacon David Croucher and his wife Christine (Chris) who have moved here from the Parish of Diss in Norfolk. Thank-you both for joining our Parish!

Fire Safety – Evacuation Drill – 4th August

This will immediately follow the 9.30am Mass on Tues 4th August (no Adoration that day). Please come be there to acquaint yourselves with what needs to happen in an emergency!

International Mass at 11 am followed by bring-and-share Buffet Lunch at St Felix

Sunday 6th September 2026 – 11am

The Mass will be held at 11am that Sunday and will include hymns in various languages. All are welcome to join for a bring-and-share lunch afterwards in the Church Hall.

March for life (Sat 5th Sep, London)

Join our Bishop and many others for this year's *March for Life*. The day starts with an indoor family festival with talks, games, music, testimonies, prayer & more. We then join thousands of others processing through to Parliament Square to witness our message:

Life from Conception - No Exception!

See: www.marchforlife.co.uk. If you are making your own way there, please contact Antonia (mficoordinator@rcdea.org.uk) to be put in touch with the East Anglia group. A coach will leave the Cathedral of St John the Baptist at 6.30am pick-up at 7.45am from St Pancras, Ipswich. For Norwich pick-up contact Helen. Ipswich pick-up contact Sarah. To book:

<https://www.eventbrite.com/e/norwich-ipswich-coach-trip-to-march-for-life-uk-2026-tickets-1991053694197?aff=oddttdtcreator>

New Assisted Suicide Bill...

A new 'Assisted Suicide' Bill introduced by the MP for Rochester&Strood – Lauren Edwards: <https://bills.parliament.uk/bills/4157>.

The next stage will be the 2nd reading in the Commons on 11th Sep. Please write to your MP outlining the reasons why we should be helping people to live – with strong support for palliative care. Human life is a precious and sacred gift that should be valued at all stages not terminated at will. As Christians we should promote a culture of hope and life not one of despair. Our MP in Felixstowe is Jenny Riddell-Carpenter. The *Right to Life* website is a useful resource on these matters and can also be used to contact your MP:

<https://righttolife.org.uk/>

Aspirations and Prayers...

The following prayer I first read many years ago and found it surprisingly helpful...

Lord, grant me that I may always stand before you, truly humble and poor in spirit. Give me grace that I may constantly persevere in prayer. Grant that I may receive from your hand cheerfully every kind of adversity. Give me a heart full of affection & compassion that I may pity other men's afflictions & have as great a feeling for their sufferings as if they were my own. Grant that I may treat all with the same cheerful love and charity, readily forgiving those who offend me, and loving those who hate me. Grant that in all my needs or difficulties I may have recourse to you in prayer; that I may give & resign myself wholly to your will; that I may receive with a quiet mind everything that comes from you.

Lord, grant that I may never yield to the desire for revenge. Grant that I never utter any falsehood or calumniate any man, but suffer such calumnies as are laid against me with great tranquility of heart and, referring all difficulties to you, with silence await your grace & comfort. Grant that being mindful of your humility, patience & mildness, I may quietly suffer pain, disgrace, persecution or infamy, and share your cross to the end. Grant that I may receive those things for which it is your will that I should ask. You counsel me to seek you – grant that I may find you. You teach me to knock – open to me when I knock at the door of your mercy. Be the scope of all my thoughts, words and works.

My God, I cast myself wholly on your fatherly providence, renouncing all care & solicitude for my material welfare. I renounce all rashness and readiness to judge the actions of others: I resolve to be severe only in censuring myself. For your love, O my God, and in conformity to your will, I resign myself to die when, where & in what manner you shall ordain.

I renounce all that satisfaction and false peace which come when I yield to my inordinate passions. I resolve to resist and mortify my passions that I may obtain true peace. To fly from your cross is to fly from you who died on it. For love of you, Lord Jesus, I accept the difficulties of my situation in life. My God, I am nothing, I have nothing, I desire nothing but Jesus, and to see him in peace in the heavenly Jerusalem.

From Fr Augustine Baker's 'Holy Wisdom'