



PARISH OF SAINT FELIX, FELIXSTOWE

Parish Priest: Fr. Michael Smith OCS

The Presbytery, 8, Gainsborough Road, Felixstowe, IP11 7HT

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Parish Website: stfelixfelixstowe.uk NEW Helping Hands - 07770768168

The Roman Catholic Diocese of East Anglia is a registered charity No.278742

2nd AUGUST 2026 – 18th Sunday in Ordinary Time

Sunday Masses

Saturday 6pm *Pro Populo*

Sunday 10.00am +*Julie Arnold*

12noon (Convent)

+*Mary Gabriel Allen*

Weekday Services

Mon 3rd FERIA

9.30am mass +*Mary Needham*

Tues 4th St John Vianney (Memoria)

9.30am mass +*Michael McGuire (F)*

Church evacuation practice after this mass

Wed 5th FERIA - **No mass today**

Thurs 6th Transfiguration of the Lord (Feast)

4.30pm mass at Convent

Fri 7th FERIA

11.30am mass +*Michael MulQueen*

Sat 8th St. Dominic (Memoria)

9.30am +*J Gardiner (F)*

6.00pm mass *Pro Populo*

Lauds (Morning Prayer) will be said 15min
before Mass on Mon, Tue, Fri & Sat.

Exposition of the Blessed Sacrament

Friday at 12noon

Sacrament of Reconciliation

- Saturday 5.15pm to 5.45pm
- Or... by appointment

Rosary

Friday at 12noon (during exposition)

The Hymns at 10am Mass on 2nd August:

644, 877, 663, 966.

Mondays: St Felix Toddlers – meets in the
Hall 10-11.30am. For bumps, 0-5s & adults.
Bring snacks but please avoid major allergens.

Tuesdays: 10.45am **The Catechism Group**
meets in the Cooper Room.

Safeguarding & Toilets: Please be mindful that
children should not visit the toilet facilities
unless accompanied by their parents/carers.

Anniversaries around this time

Rose Mary Mulholland (2014), Mary Seagon,
Evelyn Mansfield, Sr George Deane (2008),
Joan Jacobi (2012), Kathleen Maria Dunne
(2018), Reg Bunt (2014), Enid Bean (2017),
Charles Parry, Sr Peter Clarke, Enid Egan
(2017), Peter Cuthbertson (2020), Bob Russell
(2005), Jan Rutkowski, Dennis Jones (2000),
Peter Newman (2006), Clifford Bridges (1995),
Albert Brinkley, William Corbett (2007), Mary
Butters, Betty Ryles (2020), Agnes Penniston-
Bird, Eric Pemberton, Blanche Vermuelling,
Mary Gabriel Allen (2025).

May they rest in Peace

Prayers for the sick We remember any sisters
at the Convent of Jesus & Mary who are unwell,
also Betty Fisk, Ann Haines, Margaret Nelson,
Catherine Richardson, Helen Shayle, Di
Thomas, Bernadette & Keith Thomson, Chris
Watts, John Whelan & many others...

Ipswich Hospital Chaplaincy - If a loved one is
in hospital – please let the Chaplaincy know -
(01473) 704100/chaplaincy@esneft.nhs.uk.

MONEY MATTERS

The collection for the 26th July 2026 (17th
Sunday in Ordinary Time) was £346.10.
CAFOD was £1.85.

**You can donate to
our Parish here...**

Thank you!



Fire Safety – Evacuation Drill – 4th August

This will immediately follow the 9.30am Mass
on Tues 4th August (no Adoration that day).
Please come along and be there to acquaint
yourselves with what needs to happen in an
emergency!

Michael MulQueen RIP A dear friend and regular parishioner at both Sunday and Weekday masses – Michael died in the early hours of the 28th July in Ipswich hospital – where he had been admitted after falling at home. Our prayers for his eternal rest and for comfort for his family at this time. Funeral details to follow. *May he rest in peace*

The Real Presence... If anyone is interested in seeing "The Real Presence - The Mass" (30min, EWTN) then please let's watch together on Wed 12 August at 2:00 pm. Coffee and Tea will be provided. If you can confirm, please contact Lesley (IP11 9PQ).

My Funeral...

OR... to be more precise – **your** funeral! Planning your own funeral – even if you are still at a relatively young age - is a worthwhile thing to do! It enables you to have a say in what will happen at that service. It can also be a great help to relatives and friends who may have to organize it when the time comes.

A funeral is not a memorial service. Hopefully there will be many occasions when friends and relatives will gather to remember the person who has departed – and this can certainly happen in the reception following a funeral – as well as at other times too. But a Catholic funeral is *primarily* a prayer for that person's eternal rest. It is a prayer for the one who has died. It is a moment for the Christian community to fulfil their duty of offering prayers and a fitting commendation and committal for their brother or sister in Christ - as they are handed over into the loving embrace of Almighty God.

And the greatest prayer we can *ever* offer is the Holy Sacrifice of the Mass – which is why a **Requiem Mass** is the most appropriate form of funeral service. And, especially, if someone was a regular member of our congregation – a regular practicing Catholic – then their fellow parishioners would want to gather for Mass in their Church to pray for the eternal repose of their friend. It is important

that we do the best we can for someone who has completed this earthly pilgrimage.

But in planning our own funeral we are also continuing our mission - begun at our baptism - to witness to the Gospel of Jesus Christ. It is not only when we are alive on earth that we are to witness to our faith – we can also do that at our passing. So, the music, hymns, readings etc that are chosen for the funeral mass are important and send a message to those gathered together on that occasion.

The service in Church is usually followed either by burial or cremation – where more prayers are offered at this point too. How important it is for those left behind to play a part in handing over their loved one to God – expressing their sense of loss – yet in the sure and certain hope of resurrection. A funeral provides those who are left behind with a means of physically and mentally participating in a way that can be helpful and healing.

Finally, if a person has been cremated – then it is good thing – when the time comes - to bury or entomb those ashes all together – the mortal remains of that person – in their entirety – awaiting the resurrection of the body at the end of time. There is a short service available for this – feel free to ask about it. And our own Memorial Garden behind St Felix is just one of a number of possibilities where this can be done.

In the light of all this – would you like to plan your own funeral? And if you have already done so, would you like to revise it? I would be happy to talk to anyone about this – if they wanted a sounding board, advice or direction. There may be some things (e.g. particular readings or music) that are not appropriate at a Catholic funeral – and putting your ideas down on paper first is a good way of checking this out. Please also feel free to share this short article with relatives and friends - to help put them in the picture.

Many thanks, Fr Michael